

CHECKLIST:

Trek & Travel Camp

- Turn in forms **BEFORE** camp begins
 - Necessary:
 - Parent/Child Acknowledgement
 - Waiver and Release of All Claims
 - Participant Information Form
 - Camper Information Card
 - Camper/Staff Contact Permission

 - If applicable:
 - Permission to Dispense Medication
 - Medication Dispensing Information
 - Waiver and Release of All Claims for Use of Inhaler or Auto-Injector

DAILY REMINDERS FOR YOUR CAMPER

- Swimsuit, towel and sunscreen

- Plastic bag for wet items

- Sack lunch and Snack – NO REFRIGERATION PROVIDED

- Camp T-Shirt on field trip days

- Gym shoes and socks

- Full water bottle