



Community Center & Administrative Offices

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NOTICE FOR JOB OPENING

Yoga Instructor

The Woodridge Park District has an opening for a Yoga Instructor. A successful candidate will be responsible for instruction of group exercise classes under the direction of the Fitness Manager. This position requires availability on Thursday mornings at 9:30 am.

POSITION: Yoga Instructor – part time, non-exempt

QUALIFICATIONS:

- Certified in Yoga
- Graduation from a standard high school or vocational school.
- Minimum of one year of teaching group exercise classes.

RESPONSIBILITY: A Yoga Instructor will plan and implement safe, innovative and updated classes while providing direct supervision of program participants. Provide maintenance and upkeep of group fitness rooms and equipment. Demonstrate proper exercise and cueing techniques. Instruct all assigned classes to the ability of the guests/members from beginner to advanced and provide modifications as needed. Promote safety. Act as an advocate for the fitness center products and services. A complete job description is available upon request.

ATTRIBUTES: We are seeking dedicated individuals who are self-starters that strive for excellence and have an innate ability to interact with public and the staff; able to think creatively; trained in fitness instruction; possess strong organizational, written & communication skills; are detail oriented; skilled in time management; and able to problem solve in unexpected situations.

SALARY: \$21.50 - \$28.00 per hour depending on qualifications

CLOSING DATE: Applications accepted until positions are filled

CONTACT/SEND RESUME TO: Woodridge Park District, Connie Curry, Human Resource Manager
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