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Woodridge Park District Facilities

Community Center
2600 Center Drive
(630) 353-3300/(630) 353-3320 fax
(630) 353-3400 Info Line
Community Center will be closed on the following days:
December 24 – 27, 31 and January 1-3 and May 31

Registration Office Hours:
Monday 8:30AM – 4:30PM
Tuesday 8:30AM – 7:30PM
Wednesday – Friday 8:30AM – 4:30PM
Saturday 9:00AM – 12:00PM

Cypress Cove Family Aquatic Park
8301 S. Janes Avenue
(630) 985-5620

Village Greens Golf Course
1575 W. 75th Street
(630) 985-3610
www.villagegreensgolf.com

Mission Statement
The mission of the Woodridge Park District is to enhance the quality of life of its residents by providing superior parks, facilities and recreational services in a fiscally responsible manner.

Park Board Meetings
Regular meetings of the Woodridge Park District Board of Commissioners are held on the second Tuesday of each month. These meetings begin at 7:00PM at the Community Center, 2600 Center Drive. The public is always welcome to express their ideas or opinions on any pertinent matter. The Woodridge Park District strives to comply with the 1990 Americans with Disabilities Act (ADA). If you or any member of your family needs special assistance or accommodations, and plans on attending a Park Board meeting, please call the Administration Office 24 hours in advance of the meeting (630) 353-3300, and accommodations will be provided.

Park Board of Commissioners
President .........................................................Fred Hohnke
Vice President ..................................................Jim Duffy
Commissioner ..................................................Jack Mahoney
Commissioner ..................................................Joe Kubal
Commissioner ..................................................Brian Kubal
Attorney ..........................................................Klein, Thorpe and Jenkins, Ltd.

Staff
Administrative
Executive Director .............................................Mike Adams
Deputy Director/Superintendent of Recreation ..........Don Ritter
Office Manager .................................................Holli Wetta

Recreation & Facility
Assistant Superintendent of Recreation/Safety Coordinator ..........Julie Rhodes
Aquatic Supervisor ............................................Amanda Nichols
Athletic Supervisor ...........................................Dan Peboontom
Recreation Supervisor ......................................Vanessa Madden
Recreation Coordinator ....................................Angie McGrath
Customer Service Coordinators .........................Jane Alwin, Jean Gasick & Roxanne Kelley
Senior Coordinator ..........................................Nancy Haring

Public Relations & Marketing
Public Relations & Marketing Manager ..................Megan Pettit
Public Relations Assistant .................................Michelle Mahlan

Finance & Personnel
Superintendent of Finance & Personnel .....................Joan Larsen
Finance Assistant ...........................................Mary Kasprzycki
Finance Assistant ...........................................Carrie Potts

Planning & Development
Superintendent of Planning and Development .............Jenny Knitter
Landscape Designer ..........................................Ryan Bordewick

Parks & Operations
Superintendent of Parks and Operations ......................John Karesh
Park Maintenance Supervisor ................................Glenn Hussey
Aquatic Maintenance Supervisor ..........................Carlos Ocampo
Landscape Specialist .........................................Chris Pollack
Park Operations ............................................Robert Harry, Jose Hernandez, Danny Pietrzak, Mark Schneider & Everardo Silva
Custodian .....................................................Dave Lenzen

Village Greens
Golf Manager/Head Golf Professional .........................Brandon Evans
Assistant Golf Professional ..................................Prince Winbush
Food and Beverage Manager ...............................Marcia Stranski
Greens Superintendent .....................................Bob Rigney

Contact Us
www.woodridgeparks.org
Road Rally

Looking for an adventure? If so, you are sure to enjoy the challenge of the 25th Annual Road Rally! Grab your neighbors and friends to create a team of six adults per vehicle. Each group is given a map and a bag of clues, but only teamwork, logic, and luck will keep you on track. Some clues are helpful while others are designed to throw you off course. This exciting, and somewhat physically challenging, four-hour scavenger hunt on wheels will test your mind, body, and teamwork, so put on your thinking caps and start your engines! At the completion of the rally, teams will gather for an awards presentation and socialize at a pizza dinner. This fun-filled event is a cooperative effort of the Bolingbrook, Downers Grove, Lisle, Naperville and Woodridge Park Districts, so space is limited. Letters will be e-mailed to each team captain around the second week of April. Please provide a valid email address when registering.

Registration Deadline: Friday, April 16.

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<th>LOCATION</th>
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<tbody>
<tr>
<td>CC, Hickory/Oak</td>
<td>18Y and up</td>
<td>20/20</td>
<td>$99.00(R)/$109.00(N) per team*</td>
</tr>
</tbody>
</table>

New! Fling Into Spring Frisbee Golf Outing

Are you ready for some frisbee? Join us for our inaugural disc golf outing. This outing is a doubles event and is alternate shot. We will have food and refreshments available to all. Join us for the 18-hole event. For more information, please call (630) 353-3344. Fee is per player.

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<td>Castaldo Park Disc Golf Course</td>
<td>16Y and up</td>
<td>6/18</td>
<td>$20.00(R)/$30.00(N)</td>
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New! Oscar Movie Madness

Join us on the red carpet for this fun-filled day! Our Oscar experience will begin with pictures on the red carpet, followed by a screening of one of the best-picture nominees! We will then go to the after party, enjoying a delicious catered meal! This is sure to be a fun-filled day! This free event is sponsored by Bridgeview Bank. Pre-registration is required.

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<th>TIME</th>
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<tr>
<td>CC, Willow 249</td>
<td>50Y and up</td>
<td>30/45</td>
<td>FREE</td>
<td>9:00AM - 1:00PM</td>
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Saturday, April 24

4 – 8 PM

18 years & up • Meet at the Woodridge Park District Community Center

$99 per in district team
$109 per out of district team

www.bridgeviewbank.com

WINTER/Spring 2010
The Woodridge Park District would like to congratulate Dan and Teresa Schindler and Aurel and Lili Bota as the 2009 Landscape Achievement Award winners. The program recognizes Woodridge Park District residents who significantly improved the aesthetics of their property through landscape design.

1ST Place Winner

Dan & Teresa Schindler
6422 MacArthur Drive

Prizes:
• A one year family membership to the Morton Arboretum
• A Landscape Plaque to proudly display in the yard

2ND Place Winner

Aurel & Lili Bota
2223 Dalewood Parkway

Prizes:
• A 2 1/2’ Flowering Crabapple Tree from Hinsdale Nurseries
• A Landscape Plaque to proudly display in the yard

Thank you to Hinsdale Nurseries and the Morton Arboretum for donating the 2009 Landscape Achievement Award Prizes.
Saturday • April 17 • 1 – 3 p.m.  
(Registration Deadline: Friday, March 19)

Reminder: Please fill out the form on the back of this page and return by Friday, March 19 to be a part of Community Clean Up The Parks Day 2010.

Woodridge Park District
2600 Center Drive
Woodridge, IL 60517
Phone: (630) 353-3300
Fax: (630) 353-3320

Community Clean Up The Parks Day Form
Saturday • April 17 • 1 – 3 p.m.  (Registration Deadline: Friday, March 19)

Boy Scouts, Girl Scouts, Home Owner Associations, and helpful citizens... let’s get our parks cleaned together. Gather your friends and neighbors and bring your group out for a fun, clean up party. The Park District provides bags and gloves. All participants receive a T-shirt and group recognition in the Fall Park District Activity Guide. Please Note: Participants may be photographed or videotaped during this event.

Please fill out this form and drop it off at the Woodridge Park District, Community Center, 2600 Center Drive, Woodridge, or fax the completed form to (630) 353-3320 by Friday, March 19.

Contact Person ___________________________________________ Phone ______________________________

Address ________________________________________________________________

City, State, Zip _____________________________________________________________

Group Name ______________________________________________________________

# of Helpers ___________ Children ___________ Adults

Please put the quantity of each size of adult size T-shirts your groups needs_____ S _____ M _____ L _____ XL _____ XXL

You are not guaranteed a T-shirt unless you sign up by Friday, March 19. Preregistration is required. Volunteers will meet at Cypress Cove, 8301 S. Janes Avenue, Woodridge at 1 p.m. For more information, contact the Woodridge Park District at (630) 353-3300.
Active Adults Programs

Programs and services are available to active adults ages 50 years and better. See page 27 for active adult fitness programs and see page 44 for active adult trips. For more information about programs, services and trips available to active adults, contact Nancy Haring, Senior Coordinator for the Woodridge Park District at (630)353-3300.

Active Adult Adventures Newsletter
A quarterly newsletter provides Active Adults with information about community services, Woodridge Park District Programs and trips, and the Golden Years Club. This newsletter is mailed free to residents and Golden Years Club Members and at a $5 annual fee to nonresidents. Please call the Woodridge Park District at (630)353-3300 if you are interested in receiving this publication.

WPD Refund Policy
A $5 administrative charge will be applied from the amount of the refund for each program, including refunds for medical reasons. No refunds will be given for a trip unless there is a replacement or the trip is cancelled. The Woodridge Park District does reserve the right to cancel a program if the enrollment is not sufficient to justify sponsorship of the activity. Participants will receive full refunds for any class or trip that is cancelled by the Park District. Refund processing takes approximately 2 weeks.

WPD Active Adult Trip Guidelines
- Please mark your calendar when you register with the trip date and departure time; trip reminder phone calls are not made.
- Please arrive 10 – 15 minutes prior to the departure time, we load the bus 5 minutes early and leave promptly at the listed time.
- We can only wait 10 minutes after our scheduled departure time for any late participants. Calls will be made to the number we have on file to try to reach you if you are late. If you know in advance that you will be late please call the Community Center at 630/353-3300.
- Return times are approximate; traffic and weather all play a roll in how long it may take us to return.
- Trips do fill! Please put your name on the waitlist and you may still be called to take a spot.
- Unless specifically noted, we will always be traveling on the Park District bus. Motor Coaches are not our normal transportation.
- If you have any special needs (diet, seating, etc.) please be sure to tell us!

see you there!
registration information p. 48 - 49

Health & Wellness Services

Family Hear Care Centers
Are you having trouble understanding the Sunday sermon, your spouse, television, or in noisy situations? Family Hear Care can help! Mark your calendar for the second Friday of the month when a Hearing Instrument Specialist will be here to provide you a free hearing screening! This FREE service is by appointment only.

LOCATION: CC, Willow 249
TIME: 9:30 - 11:30AM
FEE: Free—Call (630) 353-3300 (20 min. appointment/person) for appointment.

DuPage Senior Citizens Council
(630) 620-0804
Provides home-delivered meals and home maintenance to seniors.

Chair Yoga
This low impact fitness program is being offered at the Community Center on Tuesday mornings. See page 27 for details.

Blood Pressure Checks
Blood pressure checks are done for free the first Thursday of the month. Stop by the Community Center, during the hours of 12:30 - 2:30 PM on these Thursdays.

Legal Services

Prairie State Legal Services
Legal service is available through the Prairie State Legal Service. You must be a DuPage County resident and at least 60 years of age. Assistance for legal problems, excluding wills and those cases which have been previously handled by an attorney, are offered. An appointment must be made. Call (630) 690-2130.

Legal Assistance Resources
DuPage Bar Legal Aid Service
126 S. County Farm Rd.
Wheaton, IL 60187
FEE: Free! Call (630) 653-6212 for more information.

DuPage County Bar Association
Lawyer Referral Service –
Free for the first 1/2 hour consultation (630) 653-9109 or visit their web site at www.dcba.org to find a lawyer.
Transportation Services

Transportation: Ride DuPage Program
For persons 65 years and older

Once registered, you have one phone number to call: 1-800-713-7445. For TTY use 1-800-713-7415 PACE call center.

Make a reservation up to 7 days in advance between the hours of 6:00AM - 7:00PM.

You will be given the cost of your ride at the time you make your reservation, then pay for the ride on the vehicle. The vehicle assigned will be either a Taxi or a Pace bus. The cost for the Ride DuPage transportation will be $3.00 for the first 6 miles with a charge of $1.50 for each additional mile. Service available 24 hours a day, 7 days a week.

For additional information and registration call Lois Biggins (630) 968-2087 ext. 11, Lisle Township.

Pilot II Taxi Program
The Village of Woodridge is now offering the Subsidized Taxi Program. Participants must live in the village limits, be at least 60 years of age, or obtain a certified statement from a physician to verify disability.

You may purchase coupons in person, by mail or visit the Woodridge Village Hall during regular business hours in person. Coupons cost $3 each and may be used throughout DuPage County.

You may purchase up to 12 coupons each month, the coupon value is $5. A maximum of four coupons may be used per ride.

For more information regarding the Village of Woodridge Pilot II Taxi Program, please call: (630) 852-7000.

RTA Seniors Ride Free Program
Seniors aged 65 and over living in the RTA service region (Cook, DuPage, Kane, Lake, McHenry, and Will counties) are eligible for free transit on fixed-routes operated by the Chicago Transit Authority (CTA), Metra and Pace. Riders must have either a Senior Reduced Fare Card or the new Senior Ride Free Smart Card. Call 836-7000 from any area code or visit www.rtachicago.com for registration sites. You will need a government issued ID that verifies your age and a photo of yourself that is 1-1/2” square. Some sites are equipped to take your photo but may charge a $5 fee for the service.

Rules of the Road Review Course
The purpose of this course is to help senior citizens pass the Illinois driver’s license renewal examination. However, anyone desiring a review before taking the written examination is eligible for this class. The course updates drivers on the current rules of the road and prepares them for the general writing and road sign examination.

LOCATION: CC, Sycamore 146
DATE: F, March 19
MIN/MAX: 15/35 AGE: 55Y & up FEE: Free!
TIME: 9:30 - 11:30AM
Call (630) 353-3300 to register
**Golden Years**

**Golden Years Club**
The Golden Years Club is open to anyone 50 years old or better. Weekly meetings are held on Thursdays from 1:00-4:00PM at the Community Center. Regular activities include games, guest speakers, birthday parties, stimulating conversation, and much more. Throughout the year there are also special events and activities. There is a $15 annual fee which can be paid at any weekly meeting.

**Golden Years Advisory Board**
The Advisory Board is made up of 5 members of the Golden Years group. The positions are one-year terms and include: President, Vice President, Secretary, Treasurer, and Kitchen Director.

**2010 Golden Years Advisory Board Members**
- President: Kathy Nartnick
- Vice President: Pat Brandenburg
- Treasurer: Donna Atchley
- Secretary: George Benedyk
- Kitchen Director: Carl Anderson

**Advisory Board Meetings**
Members of Golden Years Club are encouraged to attend Advisory Board meetings. The Advisory Board meets on the first Tuesday of each month at 9:15 a.m., except when it falls on a holiday, the dates are as follows:
- JAN 5
- FEB 2
- MAR 2
- APR 6
- MAY 4
- JUN 1
Meetings are held at the Community Center, Willow Board Room.

**Birthday Meetings and Activities**
Everyone looks forward to a celebration each month to celebrate their special day. Cake and coffee will be served after the meeting. Senior's activities follow the coffee hour. A great afternoon for all!

**LOCATION:** CC, Hickory-Oak  
**TIME:** 1:00-4:00PM  
**DATES:** Th, Jan 7, Feb 4, Mar 4, Apr 1, May 6, Jun 3

**Valentine’s Day Party**
Come join the Golden Years Seniors and bring a Valentine for your special friend as we celebrate one of our favorite holidays. Don't miss the fun and games! **RSVP by Thursday, February 4. Golden Years Members only.**

**LOCATION:** CC, Hickory-Oak  
**TIME:** Noon-4:00PM  
**DATE:** Th, Feb 11

**St. Patrick’s Day/St. Joseph’s Day**
Come join the Golden Years Seniors as we celebrate one of our favorite holidays. Don't miss the fun and games! **RSVP by Thursday, March 4. Golden Years Members only.**

**LOCATION:** CC, Hickory-Oak  
**TIME:** Noon-4:00PM  
**DATE:** Th, Mar 18

**Spring Fling Potluck**
Come welcome spring with your friends. Bring your favorite dish to share. **RSVP by Thursday, April 8. Golden Years Members only.**

**LOCATION:** CC, Hickory-Oak  
**DATE:** Th, Apr 15  
**TIME:** Noon - 4:00PM

**Mother’s Day Crazy Bunco Party**
Get ready to roll the dice and have some fun with your friends. **RSVP by Thursday, April 29. Golden Years Members only.**

**LOCATION:** CC, Hickory-Oak  
**DATE:** Th, May 6  
**TIME:** Noon - 4:00PM

**“Dog” Daze Afternoon**
Summer is just around the corner, baseball is underway so let's celebrate! We are going to have our famous “Hot Dog” cookout. The menu will be a hot dog, chips and salads. Dessert will be provided and the beverage will be coffee or lemonade. **RSVP by Thursday, May 27. Golden Years Members only.**

**LOCATION:** CC, Hickory-Oak  
**DATE:** Th, Jun 3  
**TIME:** Noon - 4:00PM

Any additional special events will be announced at Golden Years meetings. Note: All dates for special events may be subject to change.
Parent & Child

Twoosy Doodlers
Explore art and interact with your little one during classes designed to excite and inspire young children about art. Partnered with Crayola, we provide a safe and age-appropriate art experience that will spark your child’s imagination and expose your artist to a wide variety of art mediums.

New lessons every session – our lessons do not repeat from session to session, year to year! During the fall we’re going to take inspiration from artists such as Gustav Klimt and Louise Nevelson and we’re going to learn about many mediums, including mosaic & Chine-Collé.

Parent/Child Woodburning Project
Enjoy an evening especially for you by working together on a woodburning project. A handheld woodburning tool will be used in class to create and detail your design.

Mini Doodlers
Mini doodlers gleefully create their own unique masterpieces! Lessons are carefully designed to ignite the imagination, foster creativity and develop new skills. Each lesson provides new experiences with paints, watercolors, pastels and other creative tools and materials.

New lessons every session – our lessons do not repeat from session to session, year to year!

Preschool & Youth

Youth

Snowmen Fun
Create wonderful arts and crafts projects centered around snowmen. Children will explore a variety of art projects. Participants will be using a glue gun with adult supervision.

Abrakadoodle Doodlers
Each week we’ll introduce a new artist or technique. The teacher provides guidance and inspiration and facilitates discussion of the completed works. Classes teach children about art while exposing them to a wide variety of mediums and styles to expand their understanding of the art and the world in general. These classes help children develop both skills and confidence!

New lessons every session – our lessons do not repeat from session to session, year to year!

Artistic Adventures Simplified for Kids
You don’t have to be an artist for this class, all it takes is the love of art. Explore mixing color, collage, various mixed media, abstract, still life, and landscape art during this class. All supplies are included. Please bring a smock to protect your clothing. This is a cooperative program with the Lisle Park District.

Mother’s Day Craft
Make this Mother’s Day extra special! Give your mom or someone special a personalized gift created with your unique style. She will be thrilled to receive this thoughtful present! All supplies included.
### Preschool

#### Animal Adventures with Computertots

In this fun and educational class, children will learn about animals using a combination of computer software and crafts. Students will work in small interactive groups to explore exciting activities using a computer and two different software programs. Through these computer activities, they will learn about different animals and discover fun facts about them. They will also use problem-solving & discovery techniques as they build reading readiness and computer skills. They’ll use their creativity and imagination to create animal craft at each class.

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<tr>
<th>LOCATION</th>
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<tr>
<td>CC, Sycamore</td>
<td>3Y - 5Y</td>
<td>4/8</td>
<td>$50.00(R)/$75.00(N)</td>
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#### Digital Moviemaking & Storytelling

Let’s make a movie together! We’ll sing songs, tell stories and learn how to use a digital camera as we create our own masterpieces. We will do it all - from filming the movie and downloading it to a computer to storyboarding and adding special effects. Watch out Hollywood - we are on our way! Students will get a CD-ROM of their creations after class ends.

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<tbody>
<tr>
<td>CC, Sycamore</td>
<td>4Y - 6Y</td>
<td>3/6</td>
<td>$50.00(R)/$75.00(N)</td>
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#### It’s a Small World

It may be a small world but with our digital microscope, we will be able to see it in action. Our young scientists will observe and collect information about natural and man-made specimens as they learn more about the microscopic world around them. Using digital editing techniques, students will explore how to change these specimens into creative works of art.

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<td>4Y - 6Y</td>
<td>3/6</td>
<td>$50.00(R)/$75.00(N)</td>
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### Youth

#### Once Upon a Comic Book

Write and design your own comic book tales about princesses, goblins, genies or superheroes. Create your own characters (even scary looking monsters!) for your comic book scenes. Animate your story and see it come to life in a special comic book player. Students will work with a partner and each student will get a copy of their comic book.

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<tr>
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<td>7Y - 10Y</td>
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<td>$70.00(R)/$105.00(N)</td>
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#### Moviemaking 101

What is the next underwater adventure for SpongeBob and Patrick? You decide! Using your own imagination, creativity, special digital movie making cameras, software and SpongeBob® Lego sets, you will create your very own SpongeBob® movie! You will become part of a team of writers, photographers, directors and producers and create your own story and script, build various SpongeBob® Lego® scenes and film your own movie. You will use graphic editing techniques and stop motion animation, add background noise and music, and show your movie at a private screening on the last day of class. All students will get a copy of their movie after class is complete.

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<tr>
<td>CC, Sycamore</td>
<td>8Y - 12Y</td>
<td>4/10</td>
<td>$70.00(R)/$105.00(N)</td>
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#### Fun-Gineering with Simple Machines

Using Lego™ Educational kits, budding engineers will learn about simple machines by building models of real-life devices such as a folding lawn chair, a car, drawbridge or a conveyor belt. They will learn about the concepts of pulleys, levers, wheels and axles, and gears and bring their projects to life using battery operated motors. Through the building of realistic motorized models, students will develop an understanding of mechanical principles. They will explore, investigate, and solve problems in a fun group environment. 2 children per LEGO® kit.

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#### Video Game Animation

Dive into the world of video game animation by creating characters that dance, sing and interact with one another. Add sound effects and music clips to create a dynamic video animation game by using software created just for kids. Afterwards, you will get your own copy of your game and the software to play with your friends and family. Creativity rules in this fun version of video game design!

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<td>8Y - 10Y</td>
<td>4/8</td>
<td>$70.00(R)/$105.00(N)</td>
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### Online Registration

To register or for more information, please visit our website at www.woodridgeparks.org.
Volunteer for the Woodridge Park District
Enhance your life while giving back to the community through service opportunities. We invite you to become a volunteer for the Woodridge Park District. Volunteers are essential to the success of our programs. Any amount of time that you can afford to give will be greatly appreciated.

Volunteers make a difference! More than one quarter of a million people annually donate their time and expertise as volunteers for park and recreation programs and services, saving taxpayers millions of dollars in personnel costs.

Who can volunteer?

INDIVIDUALS AND FAMILIES
Choose an activity or special event based on your interests and time availability.

BUSINESSES
Build a company’s public image and improve staff morale by building a “team” attitude by contributing staff and or resources.

TEENS AND SCHOOL GROUPS
Boys and girls at least 14 years old are invited to gain valuable work experience or fulfill service hours for school.

Volunteer Opportunities
Daddy/Daughter or Mother/Son Date Night
Golden Years Program
Haunted Forest Walk
Indian Summer Festival
Jr. High Teens for Safety Town
Woodridge Jubilee Volunteers
Youth Basketball Coach
Youth Soccer Coach
Youth Girls Softball Coach

Call (630) 353-3300 or email info@woodridgeparks.org to get involved with your community and lend a helping hand!

Adults

My Computer & Control Panel
This class will give an overview of Windows’ My Computer and Control Panel features. Students will learn about their computer’s hard disk and file system; how to change settings on hardware, folders, taskbar & start menu, how to schedule tasks, and change internet options, and more! This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE: 18Y and up
MIN/MAX: 3/3

CODE | DATE | TIME | FEE
--- | --- | --- | ---
6360 | Th, Feb 11 | 7:00 - 8:30PM | $20.00(R)/$30.00(N)

Organize your Computer
Learn how to organize files and folders on your computer. This class will provide an overview of the computer’s hard disk folder and file structure. Students will learn about the following topics: how to create new folders, save files to folders, move and copy files between folders, and how to change folder settings. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE: 18Y and up
MIN/MAX: 3/3

CODE | DATE | TIME | FEE
--- | --- | --- | ---
6429 | Th, Mar 25 | 7:00 - 8:00PM | $13.00(R)/$20.00(N)

Quick Fixes & Computer Tips
Windows® has many built-in tools to keep a computer running smoothly and to troubleshoot and fix computer problems. Most people just don’t know about them! Learn about cleaning up, backing up, and maintaining files; fixing hard disk errors and defragmenting files; how to determine whether it’s a computer software or hardware problem; what to do if your computer won’t start normally; how to work in Safe Mode to fix problems, and more! This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE: 18Y and up
MIN/MAX: 3/3

CODE | DATE | TIME | FEE
--- | --- | --- | ---
6359 | Th, Apr 15 | 7:00 - 8:30PM | $20.00(R)/$30.00(N)

CLOSE TO HOME

Thinking about registering for a cooperative program at the Lisle Park District Meadows Center? It’s less than 4 miles from the Woodridge Park District Community Center.
**Parent & Child**

**Parent Toddler Dance Time**
Hey, parents! Bring your toddler to a party where the two of you can interact with other parents and tots through song and dance. Our goal is to develop balance, increase body awareness, improve listening skills, work on our gross motor skills, and of course have FUN!

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<tr>
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<th>AGE</th>
<th>MIN/MAX</th>
<th>FEE</th>
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<tbody>
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<td>20M - 3Y</td>
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<td>6518</td>
<td>F, Mar 12 - May 21*</td>
<td>9:00 - 9:30AM</td>
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</tbody>
</table>

*no class Mar 26 and Apr 2

**Princess Storytime Ballet with Parent**
Dancing Princesses from near and far will come as a tiny dancer and will leave as a royal princess. Through role-play and props your child will dance and twirl to music from popular princess movies. Come enjoy this magical experience with your child.

Optional - dancers may wear their favorite ballet or princess outfit.

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<tr>
<th>LOCATION</th>
<th>Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle</th>
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<tbody>
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<tr>
<td>6507</td>
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<td>1:30 - 2:30PM</td>
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**Preschool & Youth**

**Pre-Ballet & Tap**
Join us for an introductory ballet and tap. In tap your child will acquire rhythm, coordination and self-esteem. In ballet your child will develop poise, grace and self confidence through the art of ballet. In these classes your child will move through basic technique taught at the barre or in center, basic steps and traveling combinations. They will learn combinations and improve their memory. Ballet and tap shoes are required.

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<th>AGE</th>
<th>MIN/MA</th>
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<tr>
<td>6501</td>
<td>W, Jan 6 - May 19**</td>
<td>1:35 - 2:20PM</td>
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<tr>
<td>6645</td>
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</table>

*no class Mar 29
**no class Mar 31
***no class Apr 1

**Pre-Jazz & Tumbling**
This class will introduce you to the fundamental techniques of jazz dance and introduce you to the latest funky craze in hip hop. In jazz you will begin with stretches and isolation followed by basic exercises in technique and combinations. In hip hop we will learn to move and shake while listening to the latest funky music. Our goal is to develop physical fitness through an easy but thorough workout. In this class we will also touch on tumbling each week. Loose clothing and gym shoes are recommended.

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*no class Apr 1

**Preschool**

**Creative Movement**
Dance Kids USA presents a specially designed program to encourage your child in dance, mime, creative movement, music education, ballet, jazz, tap, gymnastics and performance. Your child will gain confidence, rhythm, better coordination and balance; all while exercising his or her memory and having FUN. There is no specific dress code; however, we find that girls enjoy leotards and tights and boys prefer active playwear (t-shirt and shorts). An in-class recital will be scheduled for May 2010.

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*no class Mar 29
**no class Mar 31
***no class Apr 1

Location CC = Woodridge Park District Community Center 2600 Center Drive
**Youth**

**Baton and Pompon**

This class will combine learning basic baton tricks, basic dance steps, and arm movements of pompon routines. Batons may be purchased from the instructor. *This is a cooperative program with the Lisle Park District.*

**LOCATION:** Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

**BEGINNER**

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<th>AGE</th>
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**CODE**

6430

**DATE**

Th, Feb 4 - Mar 25

**TIME**

6:00 - 6:45PM

**ADVANCED**

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<th>AGE</th>
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<tbody>
<tr>
<td>6Y - 12Y</td>
<td>5/5</td>
<td>$52.00(R)/$78.00(N)</td>
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**CODE**

6431

**DATE**

Th, Feb 4 - Mar 25

**TIME**

6:45 - 7:30PM

**Irish Step Dance**

Irish Dance is alive and thriving right here in the western suburbs. This dance class is enjoyed by children of every nationality. Participants will learn Irish Step and Figure Dancing and can participate in parades, competitions and Weber Dance recitals. Placement in beginner, intermediate and advanced levels will be determined at the first class of the session. Classes are taught by instructors from Weber Irish Dance.

**LOCATION**

CC, Maple 103

**AGE**

5Y and up

**MIN/MAX**

10/36

**FEE**

$77.00(R)/$116.00(N)

**DATE**

F, Jan 15 - Mar 5

**TIME**

6:30 - 7:30PM

**CODE**

6434

**CODE**

6435

**DATE**

F, Mar 19 - May 14

**TIME**

6:30 - 7:30PM

*no class Apr 2

**Spirit Kids Cheer Clinic**

Get in the spirit of cheerleading and pom poms by learning a variety of basic jumps, kicks, mounts, chants, cheers, and ‘pom’ routines. Through trusting others, your child will experience the fun and importance of being part of a team. Loose clothing and gym shoes recommended.

**LOCATION**

CC, Hickory 200

**AGE**

6Y - 11Y

**MIN/MAX**

8/20

**FEE**

$20.00(R)/$30.00(N)

**DATE**

F, Mar 19

**TIME**

6:00 - 8:00PM

**Dance Program**

The dance program is designed to improve grace and flexibility while exposing participants to the beauty and benefits of dance. Dancing is a life skill that also teaches children good posture, grace, rhythm, and coordination. This is a cumulative program that runs Fall 2009 through Spring 2010. Dancers will learn techniques and skills throughout the year, and during Session 2, each class will learn a dance that will be performed in the Spring Recital. A dancer will stay with the same class for the whole school year. No new students will be added in Session 2. All classes are held at the Lisle Park District Meadows Center, 5801 Westview Lane, Lisle.

**Recital**

All dance classes will perform in the Spring Recital that will be presented on Sunday, May 23, 2010, at the Lisle High School Auditorium at 2 pm. The dress rehearsal will be on Friday, May 21, 2010, at the Lisle High School Auditorium. Each class will be assigned a rehearsal time between 4:00 pm and 9:00 pm.

**BALLET 1 & 2**

**LOCATION:** Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

**AGE**

5Y and up

**MIN/MAX**

3/8

**FEE**

$136.00(R)/$204.00(N)

**CODE**

6547

**DATE**

Tu, Jan 26 - Jun 1*

**TIME**

4:00 - 4:45PM

6549

**DATE**

Tu, Jan 26 - May 18*

**TIME**

5:15 - 6:00PM

*no class Mar 30

**BALLET 3 & 4**

**LOCATION:** Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

**AGE**

8Y and up

**MIN/MAX**

3/8

**FEE**

$136.00(R)/$204.00(N)

**CODE**

6550

**DATE**

Tu, Jan 26 - May 18*

**TIME**

6:45 - 8:00PM

*no class Mar 30

**TAP 1 & 2**

**LOCATION:** Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

**AGE**

6Y and up

**MIN/MAX**

3/4

**FEE**

$91.00(R)/$137.00(N)

**CODE**

6548

**DATE**

Tu, Jan 26 - May 18*

**TIME**

4:45 - 5:15PM

*no class Mar 30

**TAP 3 & 4**

**LOCATION:** Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

**AGE**

8Y and up

**MIN/MAX**

3/8

**FEE**

$91.00(R)/$137.00(N)

**CODE**

6551

**DATE**

Tu, Jan 26 - May 18*

**TIME**

7:30 - 8:00PM

*no class Mar 30
dancing & more

Teens & Adults

A Taste of Wedding, Social and Latin Dancing
This is the perfect class for anyone with any type of upcoming social engagement. You will be prepared to dance to any type of music such as: Live Rock Band, Top 40 Dance, Latin or Big Band. This class will introduce you to the Cha Cha, Waltz, Swing, Salsa and Merengue dances. You will also learn slow dancing and how to move to the groove. Couples are recommended, but not necessary. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE  MIN/MAX  FEE
16Y and up  8/12  $48.00(R)/$65.00(N) per person

CODE  DATES  TIME
6366  Th, Feb 25 - Mar 18  7:30 - 9:00PM

A Taste of Latin & Ballroom Dance
Discover the wonderful world of ballroom dancing. Improve your skills, learn new steps and how to lead & follow in this introductory session. You will have fun learning the sophisticated Waltz, Cha Cha, Swing, Rumba, Salsa, and Foxtrot with just a few hours of enjoyable instruction. Couples are recommended, but not necessary. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE  MIN/MAX  FEE
18Y and up  6/11  $76.00(R)/$114.00(N)

CODE  DATES  TIME
6504  Th, Jan 7 - Mar 11  7:05 - 7:50PM
6506  Th, Mar 18 - May 27*  7:05 - 7:50PM

*no class Apr 1

Adults

Adult Tap Workout
Did you take dance as a kid and still dream of being a tap dancer? Did you always wish you had taken a dance class? Well here’s your chance. This class includes warm-ups, basic steps, and traveling combinations. Tap shoes are required. This is a cooperative program with the Lisle and Downers Grove Park Districts.

BEGINNING

LOCATION: Downers Grove Park District, Lincoln Center, 835 Maple Avenue, Downers Grove

AGE  MIN/MAX  FEE
18Y and up  6/11  $76.00(R)/$114.00(N)

CODE  DATES  TIME
6504  Th, Jan 7 - Mar 11  7:05 - 7:50PM
6506  Th, Mar 18 - May 27*  7:05 - 7:50PM

*no class Apr 1

INTERMEDIATE

LOCATION: CC, Maple 103

AGE  MIN/MAX  FEE
18Y and up  6/11  $76.00(R)/$114.00(N)

CODE  DATES  TIME
6503  Th, Jan 7 - Mar 11  7:50 - 8:35PM
6505  Th, Mar 18 - May 27*  7:50 - 8:35PM

*no class Apr 1

DON’T WAIT... REGISTER EARLY!
A decision to run a program is determined one week prior to the start of the program, unless otherwise noted. If classes do not meet the minimum registration requirements, they are cancelled. So register early!

Location CC = Woodridge Park District Community Center
2600 Center Drive
Totschool 2010 - 2011

Your child will love our program, which emphasizes the ‘FUN’damentals of learning. Emphasis is placed on the whole development of early childhood learning with focus on cognitive, social-emotional, and physical development. Our curriculum incorporates the kindergarten preparation skills desired by kindergarten teachers of our local school districts. The children will explore everyday subjects through a variety of activities such as math skills, science, reading readiness, shapes, colors, music, art, motor development and free play. Peer group interaction is stressed, as it is essential for children. The Totschool program operates in accordance with most of the School District 68 schedule, and begins in September 2010 and runs through May 2011. For health and sanitary reasons, all participants MUST BE TOILET TRAINED AND OUT OF DIAPERS AND PULL UPS.

Registration

Walk-in registration (MUST BE HANDED TO OFFICE STAFF) for the 2010-2011 term will begin Saturday, February 13, 2010 at 9 a.m. for residents. Registration is on a first-come basis. Starting Monday, February 15, registration can be mailed, faxed, or e-mailed. Nonresidents can register starting March 8. Priority registration for those presently enrolled in the 2009-2010 Totschool program will be accepted during regular office hours beginning Monday, February 1st. Full refunds (less $5 Administration fee) are available through July 31, 2010. Starting August 2, 2010, only a 50% refund will be given, if the spot is filled. If the spot is not filled, the enrollment fee is forfeited. To register, please put Totschool separately on the registration form found in the back of this brochure. We are anticipating a large number of enrollments, so please fill in you first and second choice. You will receive a phone call if you do not get your first choice. Standby lists will be taken on classes as they fill. Registration packets will be available online in August and the date for Open House will be included. If you would like information about our Totschool, please call the Preschool Supervisor at (630) 353-3300.

Pre-K - 3 Day Program

- Children MUST BE 4 years old by September 1, 2010
- Classrooms with 21 children.
- Three teachers per classroom.
- (1 TO 7: TEACHER TO STUDENT RATIO)
- M-W-F Mornings 6649  9:00 - 11:25AM
- M-W-F Afternoons 6650  12:00 - 2:25PM
- Enrollment Fee: $115.00(R)/$173.00(N)
- Fully refundable less $5 administrative fee until Aug. 1, 2010
- Remaining balance – Two payment options are available:
  - 8-Pay Plan – starting Sep 1 - Apr 1
    - $115.00(R)/$173.00(N)
  - 2-Pay Plan (10% discount) – due Sep 1 and Jan 1
    - $408.00(R)/$614.00(N)

3 & 4 Years Old – Tuesday & Thursday

- Children MUST BE 3 years old by September 1, 2010
- Classrooms with 18 children each.
- Three teachers per classroom.
- (1 TO 6: TEACHER TO STUDENT RATIO)
- T-Th Mornings 6651  9:00 - 11:25AM
- T-Th Afternoons 6652  12:00 - 2:25PM
- Enrollment Fee: $90.00(R)/$134.00(N)
- Fully refundable less $5 administrative fee until Aug. 1, 2010
- Remaining balance – Two payment options are available:
  - 8-Pay Plan – starting Sep 1 - Apr 1
    - $90.00(R)/$134.00(N)
  - 2-Pay Plan (10% discount) – due Sep 1 and Jan 1
    - $324.00(R)/$486.50(N)
Adventures Camp

Spend those long summer days participating in a variety of outdoor activities including sports, games, nature activities, arts & crafts, canoeing, swimming and venturing off on a field trip once a week. Participants will need to bring a sack lunch, beverage, additional snack and swimming items to camp every day.

Parent Manual and Camp Forms

Camp forms, schedules and the Parent Manual will be available online at www.woodridgeparks.org located under the Program & Registration tab after May 1. Completed forms can be dropped off at the Community Center or faxed to (630) 353-3310. Registration and all forms must be received by the Tuesday before your child is scheduled to begin camp. Until these forms are received and processed, children will not be allowed to participate in camp programs and may be subject to a $20 late registration fee per child.

Required Forms
- Participant Information Form
- Waiver/Release of All Claims
- Parent/Child Manual Acknowledgement
- Camper/Staff Contact Information and Permission Form

Optional Forms (if applicable)
- Inhaler Waiver
- Medication Dispensing Information and Waiver

Before Camp

Campers who attend a full day camp are eligible to register for this program that allows him/her to attend extended camp in the morning. Participants will participate in a variety of activities lead by our staff during this time. Time is 7:30-9:00AM.

After Camp

Campers who attend a full day camp are eligible to register for this program that allows him/her to attend extended camp in the evening. Participants will participate in a variety of activities lead by our staff during this time. Time is 4:30-6:00PM.

Register and pay for all sessions up front by May 1 and receive a 10% discount (does not apply to before and after camp and must be registered for in-person.)

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<tbody>
<tr>
<td><strong>WEEK 1</strong>: M - F, Jun 7 - Jun 11 • Registration Deadline: Tu, Jun 1</td>
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<td><strong>WEEK 5</strong>: Tu - F, Jul 6 - Jul 9* • Registration Deadline: Tu, Jun 29</td>
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*no camp July 5
A mandatory parent meeting will be held on Wednesday, June 2 at 7:00pm located at the Community Center in the Hickory/Oak room. Please email info@woodridgeparks.org if you have questions regarding camp.

### Week 6: M - F, Jul 12 - Jul 16 • Registration Deadline: Tu, Jul 6

<table>
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### Week 7: M - F, Jul 19 - Jul 23 • Registration Deadline: Tu, Jul 13

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### Week 8: M - F, Jul 26 - Jul 30 • Registration Deadline: Tu, Jul 20

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### Week 9: M - F, Aug 2 - Aug 6 • Registration Deadline: Tu, Jul 27

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### Week 10: M - F, Aug 9 - Aug 13 • Registration Deadline: Tu, Aug 3

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Preschool

First Steps
Here’s an opportunity for your child to have a successful ‘first school/away from parent’ experience. Emphasis is placed on socialization skills as well as building self-confidence and self-esteem. Diapers/pull-ups will be allowed in this class. In case of accidents, parents will be required to change diapers. Children must be 3 years old by January 1, 2010.

LOCATION AGE MIN/MAX FEE  
CC, Aspen 100 32M - 4Y 15/21 $280.00(R)/$420.00(N)

CODE DATES TIME  
6428 W & F, Jan 20 - Apr 16* 9:30 - 11:00AM

*no class Feb 12 & 26, Mar 31, Apr 2

Payment plan -  
1st payment due at registration - $140(R)/$195(N)  
2nd payment due Mar 1 - $140(R)/$195(N)

Get Ready to Read
This program is designed for your child to learn the basic fundamental skills to read, using letter cards, flash cards and phonics sheets. We will also concentrate on writing skills. All of this will be done ‘hands on’ in an environment set up to enjoy reading and hunger to learn more.

LOCATION AGE MIN/MAX FEE  
CC, Aspen 100 4Y - 6Y 12/15 $125.00(R)/$188.00(N)

CODE DATES TIME  
6535 Tu & Th, Jan 19 - Mar 4 9:30 - 11:00AM

6536 Tu & Th, Jan 19 - Mar 4 1:00 - 2:30PM

6537 Tu & Th, Mar 16 - May 6* 9:30 - 11:00AM

6538 Tu & Th, Mar 16 - May 6* 1:00 - 2:30PM

*no class Mar 30 & Apr 1

Little Actors Club
Children love this innovative drama class that helps to develop their imagination and introduce them to the performing arts in a fun and creative atmosphere. Each week is a new and exciting adventure into the imagination with changing themes, music, costumes, props, and playbills. They even learn a new joke every week! Kids learn theater terms, enhance spontaneity, build self-esteem and have a blast! Join the club! This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE MIN/MAX FEE  
3Y - 5Y 5/6 $73.00(R)/$110.00(N)

CODE DATES TIME  
6529 W, Feb 3 - Mar 17 12:30 - 1:15PM

6530 W, Apr 7 - May 19 12:30 - 1:15PM

Preschool & Youth

New! Mind your Manners, Please!
This is an interactive program utilizing magic tricks to present basic manners. Topics include: magic words, paying compliments, making introductions, meeting and greeting others, mealtime manners and putting your best foot forward as they learn what it takes to communicate and respect fellow schoolmates and other people. This is a cooperative program with the Lisle Park District.

LOCATION AGE MIN/MAX FEE  
CC, Birch 101 4Y - 5Y 8/8 $20.00(R)/$30.00(N)

CODE DATES TIME  
6249 Tu, Feb 16 - Feb 23 4:00 - 4:45PM

6251 W, May 5 - May 12 4:00 - 4:45PM

LOCATION AGE MIN/MAX FEE  
CC, Sycamore 146 5Y - 10Y 8/8 $33.00(R)/$49.00(N)

CODE DATES TIME  
6250 Tu, Feb 16 - Feb 23 5:00 - 6:30PM

6252 W, May 5 - May 12 5:00 - 6:30PM

Youth

New! Candy Shoppe
Celebrate upcoming Valentine’s Day and make special treats for family and friends. Our candy-making Shoppe consists of ‘bugs take-out’, chocolate covered treats like pretzels and cookies with trimmings, marshmallow lollipops and a surprise of the day! We will decorate cute packaging and containers with attached cards. We provide cool stamps, embellishments, ribbons and packaging tools. Our Candy Shoppe experience ends with a tasty cupcake treat for all! Bring your ‘sweet tooth!’ This is a cooperative program with the Lisle Park District.

LOCATION AGE MIN/MAX FEE  
CC, Aspen/Birch 5Y - 10Y 7/15 $27.00(R)/$40.00(N)

CODE DATE TIME  
6242 W, Feb 3 6:30 - 7:45PM

Improv 101
A fun and fast paced class for actors and non-actors alike. This class introduces kids to improvisational theater where they play warm-up games, do improvisation while creating characters and scenes. This will help to develop their imagination and spontaneity. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

AGE MIN/MAX FEE  
6Y - 8Y 4/6 $42.00(R)/$63.00(N)

CODE DATES TIME  
6531 Sa, Feb 6 - Feb 27 12:30 - 1:15PM
KIDZ Squad Before/After School

KIDZ Squad is designed to provide a safe and structured program for children in grades K-6. Participants can take part in a variety of games, arts and crafts projects, have quiet time to do homework and enjoy active play time both indoors and out.

KIDZ Squad Before School will be held at the Community Center starting at 7:00 a.m. Transportation to each of the schools will be provided by school buses.

KIDZ Squad After School will be held after school until 6:00 p.m. at two locations: Goodrich School for children who attend Goodrich, Willow Creek and Meadowview Schools and Murphy School for children attending Murphy, Edgewood and Sipley Schools. Children will be transported by school buses.

A nutritious snack will be provided each day.

Important Parent Information

Parent Manuals and forms are available online at www.woodridgeparks.org. All forms must be returned PRIOR to the first day your child attends KIDZ Squad.

All full and half days of school attendance are included in monthly fee.

BEFORE SCHOOL

Community Center
2600 Center Drive

ATTENDANCE DAYS  PROGRAM NUMBER  MONTHLY PAYMENTS*
2 days/week  6051  $54/month
3 days/week  6050  $81/month
4 days/week  6049  $108/month
5 days/week  6048  $125/month

*9 Equal Monthly payments

Each Additional Child - Discount of 5% /month
Non-Residents - Add 10% /month

AFTER SCHOOL

Goodrich School
Route 53 & Hobson Road

ATTENDANCE DAYS  PROGRAM NUMBER  MONTHLY PAYMENTS*
2 days/week  6055  $111/month
3 days/week  6054  $167/month
4 days/week  6053  $222/month
5 days/week  6052  $260/month

*9 Equal Monthly payments

Murphy School
7700 Larchwood Lane

ATTENDANCE DAYS  PROGRAM NUMBER  MONTHLY PAYMENTS*
2 days/week  6059  $111/month
3 days/week  6058  $167/month
4 days/week  6057  $222/month
5 days/week  6056  $260/month

*9 Equal Monthly payments

The annual fee for each payment option includes all full and half days of school on the District 68 calendar. The annual fee is divided into nine equal payments and does not correspond to the number of attendance days in any given month. Payments are due on the 25th of each month. For start dates after August 25, 2009, the fee will be adjusted and divided into equal monthly payments.
Trek & Travel Camp
Grab your friends and venture off to amusement parks and attractions, water parks, museums, and beaches three days a week and then take part in sports-related activities, swim at Cypress Cove, watch movies, canoe and enjoy other outdoor activities when not on a field trip. Participants will need to bring a sack lunch, beverage, additional snack and swimming items to camp every day.

Parent Manual & Camp Forms
Camp forms, schedules and the Parent Manual will be available online at www.woodridgeparks.org located under the Program & Registration tab available after May 1. Completed forms can be dropped off at the Community Center or faxed to (630) 353-3310. Registration and all forms must be received by the Tuesday before your camp is scheduled to begin camp. Until these forms are received and processed, children will not be allowed to participate in camp programs and may be subject to a $20 late registration fee per child. A mandatory meeting will be held on Thursday, June 3 at 7:00pm located in Willow 249 at the Community Center.

Required Forms
- Participant Information Form
- Waiver/Release of All Claims
- Parent/Child Acknowledgement
- Camper/Staff Contact Information and Permission Form

Optional Forms (if applicable)
- Inhaler Waiver
- Medication Dispensing Information and Waiver

Before Camp
Campers who attend a full day camp are eligible to register for this program that allows him/her to attend extended camp in the morning. Participants will participate in a variety of activities lead by our staff during this time. Time is 7:30-9:00AM. LOCATION: CC/Aspen/Birch

After Camp
Campers who attend a full day camp are eligible to register for this program that allows him/her to attend extended camp in the evening. Participants will participate in a variety of activities lead by our staff during this time. Time is 4:30-6:00PM. LOCATION: CC/Aspen/Birch

Register and pay for all sessions up front by May 1 and receive a 10% discount (does not apply to before and after camp and must be registered for in-person.)

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*no camp July 5
**WEEK 6:** M - F, Jul 12 - Jul 16 • Registration Deadline: Tu, Jul 6

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**WEEK 7:** M - F, Jul 19 - Jul 23 • Registration Deadline: Tu, Jul 13

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**WEEK 8:** M - F, Jul 26 - Jul 30 • Registration Deadline: Tu, Jul 20

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**WEEK 9:** M - F, Aug 2 - Aug 6 • Registration Deadline: Tu, Jul 27

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Please email info@woodridgeparks.org if you have questions regarding camp.
LOL Improv Workshop

If you enjoy comedy, laughing, having a good time, or acting, then this class is for you. You’ll create characters, play awesome theater games, invent scenes, develop social skills and be spontaneous. This is one class you don’t want to miss. WARNING: due to the creativity of participants in this class be prepared to have a great time. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

<table>
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CODE 6532 Sa, Feb 6 - Feb 27 1:30 - 2:30PM

Mesmerizing Magic

Children are guaranteed to have a great time as they learn a collection of fascinating and attention-grabbing tricks. Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. While the tricks appear difficult, you’ll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught each session! This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

<table>
<thead>
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CODE 6342 Sa, Feb 6 - Feb 13 9:00AM - 1:00PM

Snow Day

Who doesn’t love a snow day? This is a seasonal, indoor class where you will act out skits and play fun theater/improv games, all with a snow theme. You’ll have just as much fun as you would on a real snow day. Be prepared to laugh and have a great time. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

<table>
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<th>LOCATION</th>
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CODE 6533 Sa, Jan 23 12:30 - 2:00PM

CLOSE TO HOME

Thinking about registering for a cooperative program at the Lisle Park District Meadows Center? It’s less than 4 miles from the Woodridge Park District Community Center.
ACT and SAT Practice Tests

A practice test is crucial to ward off those test day jitters and reveal how you may score on the real thing. Instructors from Kaplan provide proctored ACT and SAT practice tests and will show students what to expect in a test-like environment. Students will receive a comprehensive analysis of their performance, detailing individual strengths and weaknesses. Register today, as seats are limited.

Note: Participants are encouraged to bring a healthy snack and drink, #2 pencils, and a calculator. Check www.collegeboard.com or www.act.org for acceptable calculators.

LOCATION: Downers Grove Park District, Lincoln Center, 835 Maple Ave., Downers Grove

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ACT PRACTICE TEST

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SAT PRACTICE TEST

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<td>6232</td>
<td>Sa, Feb 13</td>
<td>9:00AM - 1:00PM</td>
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Get Great Results from a Digital Single Lens Reflex Camera

Do you want to go beyond ‘point and shoot’ photography? Then join photographer Kirk Lawler for this intermediate level seminar on digital single lens reflex cameras. Topics will include how to choose the optimal Scene Mode, Color Space, ISO, White Balance, Sharpening, Saturation, Contrast, Exposure Value, Focus Mode and file type (JPEG or RAW). There will also be demonstrations of ‘must have’ accessories. Due to the technical nature of the subject matter, this presentation is recommended for participants sixteen or older who have had previous experience with cameras. Please note: lenses are covered in-depth in a separate workshop. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

<table>
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<tr>
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CODE

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<td>7:00 - 9:00PM</td>
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</tbody>
</table>

How to Buy & Use dSLR Lenses

Still using the kit lens that came with your camera? Chances are good that it is compromising the quality of your photographs. In this intermediate level seminar participants will learn how to find the best deals in professional grade glass, and how aperture, focal length and shutter speed can be manipulated to turn ordinary images into works of art. Due to the technical nature of the subject matter, this presentation is recommended for participants eighteen or older who have had previous experience with cameras. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

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</tr>
<tr>
<td>6354</td>
<td>Tu, Apr 22</td>
<td>7:00 - 9:00PM</td>
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Five Top Subjects for dSLR Camera Owners

Expand your expertise with this two-hour intermediate level crash course on how to photograph flowers, fireworks, architecture, performers on stage and models with your digital single reflex camera. Due to the technical nature of the subject matter, this presentation is recommended for participants sixteen or older who have had previous experience with cameras. This is a cooperative program with the Lisle Park District.

LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle

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**Amateur Radio**

Want to talk to far off places, provide communication in an emergency, or just learn more about radio communications? Well here is your chance! The DuPage Amateur Radio Club will be offering a 10-week entry level course in the basics of radio communications. At the end of the 10 weeks, a test will be given to obtain a Technician Amateur Radio Operators License. The required text cost is about $25 (available at the first class) and the test for the Amateur License is currently $15. Fees will be collected at class.

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**Amateur Radio Extra Class**

The Dupage Amateur Radio Club will be offering a 10-week Extra Class License course for those with a General Class Amateur License wishing to upgrade. At the end of 10-weeks, a test will be given for the Extra Class License. The required text cost is about $25 (available at the first class) and the test for the Amateur License is currently $15. Fees will be collected at class.

<table>
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<td>9:00 - 11:45AM</td>
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**Dog Obedience**

Class content includes walking (heeling) without pulling, sit, down, stand, coming when called, name response, off from food in your hand, jumping on people, stay and being a vet-friendly dog. Voice, as well as hand signals, will be taught for most commands. Topics that will be covered are house training, cage training, barking, digging, bite inhibition, and being a good leader. This class is a must for all dog owners who desire a well-mannered dog. Dogs must be at least 4 months of age to attend class. Older dogs also benefit from training, and there is no truth to the saying that you can’t teach an old dog new tricks! Participants may purchase optional standard dog training collars and leads at the first class. No dogs are allowed at the first class. Please bring a photocopy of your dog’s vaccination records to the first orientation class.

<table>
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<td>$97.00(R)/$145.00(N)</td>
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*orientation will be held in Willow 249

**DON’T WAIT... REGISTER EARLY!**

A decision to run a program is determined one week prior to the start of the program, unless otherwise noted. If classes do not meet the minimum registration requirements, they are cancelled. So register early!
In response to the 2009 Fitness Programs and Babysitting Service survey, we are pleased to announce the Fitness Punch Card and the Tyke Town Childcare babysitting service. We hope these changes in our programming give you the flexibility you need to help you more actively participate in fitness programs at the Woodridge Park District.

**Fitness Punch Card**

Participate in a variety of group exercise classes by purchasing a punch card. The punch card allows you the flexibility to attend the classes that best suit your schedule. Check our punch card schedule and choose a class that meets your scheduling and fitness needs. The instructor will punch your card so you will always know how many workouts you have left. When you’ve used all the classes on your card please turn it in to purchase another one.

The Fitness Punch Card is available in 10, 20 or 30 visit denominations and can only be purchased by registering in person at the Community Center. Mail-in/Fax-in registrations are not accepted. Fitness Punch Cards purchased during the Winter/Spring 2010 season are valid from M - Th, Jan 11 - May 20.

**CODE:** 6436

**FEE:** $70.00(R)/$100.00(N) 10 visit punch card*

$133.00(R)/$199.00(N) 20 visit punch card*

$196.00(R)/$294.00(N) 30 visit punch card*

**AGE:** 16 and up

*Punch cards are nontransferable and nonrefundable.

Those that pre-register for the entire session get 1st priority to participate in the class. Participation is on a first-come, first-serve basis. Each fitness class has minimum and maximum participants defined. Classes are subject to change based on participation and may be cancelled due to low attendance. Refer to the website www.woodridgeparks.org for fitness schedule updates.

A fee of $10 will be applied for a lost card.

**Tyke Town Childcare**

The intent of Tyke Town is to provide a quality service by creating a safe, yet stimulating atmosphere while you participate in a park district fitness program. Childcare Punch Cards are available in 10, 20, or 30 visits and can only be purchased in person at the Community Center.

**The first time you use this service:**

- Fill out a Participant Information Sheet available at www.woodridgeparks.org that will be kept on file with staff.

**Important Information:**

- For safety reasons, a parent or guardian must sign their child in and out and show photo identification.

- A parent/guardian must be in the Community Center while their child is participating in the Tyke Town Childcare.

- We have the right to refuse entry if a child is showing symptoms of illness.

- Parents are responsible for changing diapers and are notified when necessary if an accident occurs. Please bring a spare outfit for emergencies.

**LOCATION**

**AGE**

**MIN/MAX**

| CC, Sycamore | 3M-5Y | 5/10 per 1-hour session |

**FEE:** $30.00(R)/$45.00(N) 10 hour punch card*

$54.00(R)/$81.00(N) 20 hour punch card*

$81.00(R)/$121.00(N) 30 hour punch card*

**CODE:** 6643

**DATES:** Tu - Th, Jan 12 - May 20**

**TIME:** 8:50AM – 1:00PM

Childcare Schedule subject to change based on Fitness Schedule changes and cancellations. Refer to the latest Fitness Schedule online at www.woodridgeparks.org. To ensure that the service is available for your fitness program, call the Community Center at (630)353-3300 the day before you need the service to make your childcare reservation.

*A minimum of 1 hour will be punched every time for each child utilizing the service. A late pickup fee of $5 per 15 minute interval is applied.

**no classes Mar 29 - Apr 2

**Downers Grove Park District Fitness Center**

The Woodridge Park District is working with the Downers Grove Park District (DGPD) to offer enhanced recreational opportunities. As part of this cooperative effort, Woodridge Park District residents can purchase fitness membership at resident fees at the Downers Grove Recreation & Fitness Center. Prior to purchasing your membership at the Downers Grove fitness center, you need to stop at the Woodridge Park District Community Center to get your Residency Verification Letter. Refer to the Downers Grove Park District website www.dgparks.org for current fee information.

**District 99 Community Swimming**

The Woodridge Park District, Downers Grove Park District, and School District 99 offer an open swim program to residents within the District 99 boundaries. Refer to the monthly community swim schedules & rules/regulations available at the pools and on the Downers Grove Park District website (www.dgparks.org) for the most up-to-date information. If you have questions about this program, please call the Downers Grove Park District at (630) 963-0575.
Youth (4Y-7Y)

New! Muscle Club
Age appropriate fitness program that focuses on active individual and team play. Learn gross motor skills like throwing, kicking and tumbling while getting a great workout. Let your little one express themselves through fitness activities, stretching and games.

Youth (8Y-12Y)

Acceleration Sports
This high-energy class uses explosive and powerful agility drills to ensure you get a great workout and improve your reaction time. The combination of sports skills and fun drills will enhance your skill sets on the field. Whether your sport is volleyball, basketball, tennis, or baseball this program will help with your speed and power.

Teens & Adults (16Y & up)

New! Group Fitness Training
Enjoy this full body workout with calisthenics and strength training. This class is similar to personal training, but in a group setting and for less. This class includes a free T-shirt and fitness evaluation by BLB Training with a degreed and certified trainer. Please bring 5-8lb weights and a mat to class.

New! Hip Hop Hustle
This class takes the fun factor up a notch with super hot moves that will have everyone wanting more! Each release is a combination of easy to learn dance moves choreographed to high energy, motivating music. It’s the ultimate cardiovascular challenge. No experience required.

On the Ball
Get on the ball mixes intervals of cardio and strengthening techniques that work all parts of the body for a well rounded fat burning class. Cardio drills will be alternated with body sculpting sections for the back, gluts, abs and legs. There are different levels of intensity so participants can choose their workout level.

Pilates
The Pilates method of body conditioning promotes physical harmony while providing a refreshing and energizing workout. Please bring a mat to class.

Pilates & Yoga Fusion
This class is for all levels. Pilates moves will strengthen your core, while deep stretches of yoga posture will improve your flexibility, health and well-being. Please bring a mat to class.

PiYo
PiYo™ is an athletic blend of Pilates, Yoga, and so much more. It includes modifications for the group exercise environment, yet offers exercise progressions to challenge all levels of participants. The class focuses on core strengthening, as well as all the muscle groups. Bring a mat to class.

R & B Line Dancing
Learn the hottest R&B line dances with step-by-step instructions led by a dynamic line dance instructor. Her unique techniques and style will guide you to gain your confidence in line dancing while burning calories and meeting new friends.

Strength Training with Abs
This strength training class is designed to increase your metabolism and help with muscle endurance by lifting weights. This intense but easy to follow workout will give you a total body workout. This class is great for burning fat, and will have you feeling stronger by the end of the session. Please bring weights and a mat.

New! Tone & Step it Up
Step up to a stronger, leaner body with this step and tone exercise program. This cardiovascular program will help burn fat and increase energy levels while doing some toning exercises to define those muscles. Please bring a mat and 5-8lb. weights to class.

Tai Chi Exercise
Tai Chi Exercise is a Chinese ancient exercise art for health. It is a holistic exercise that can improve mind/body connection, enhance energy and improve life quality. Tai Chi exercise improves health by enhancing energy/immune functions, increasing muscle strength/endurance, improving flexibility/coordination/balance, relaxing mind/body and reducing anxiety/stress, improving circulation/breathing/digestion. For both mind and body, there is nothing like this gentle, relaxed, graceful, holistic exercise art.

Total Body Workout
Join this program that is designed for all fitness levels and learn basic information on proper resistance training techniques and strength training methods. All major muscle groups will be worked on during each class using resistance bands and stability balls. Please bring 8-10lb. weights and a mat to class.
**Teens & Adults (16Y & up) CONTINUED**

**Turbo Kick**
Ready to punch, kick and burn those calories!! Turbo Kick is the evolution of kick boxing. This action-packed, super fun class allows participants of any fitness level to custom tailor their workout. You’ll experience a total body workout including cardio kick boxing, dance, core and leg strengthening, abdominal work and yoga cool down. Easy-to-follow choreography set to today’s hottest music. It only takes one class and you’ll be a Turbo Kick fanatic! Please bring a towel and/or a yoga mat to class.

**Yoga - Sunrise or Sunset**
Join us at sunrise or sunset. This health and fitness class ensures strength and flexibility for balance, poise and confidence in body and mind. By practicing yoga, you will improve posture and body alignment resulting in better circulation and nerve function. You will strengthen and tone internal organs, while relieving muscle tension or joint pain. Come and improve your quality of life! Please bring your own mat.

**FREE TRIAL CLASSES**

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<td>Jan 4</td>
<td>Total Body Workout</td>
<td>6611</td>
<td>Jeanette Kay</td>
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<td>Jan 4</td>
<td>Strength Training w/Abs</td>
<td>6609</td>
<td>Michelle Dawson</td>
<td>Maple 103</td>
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<td>Pilates</td>
<td>6612</td>
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<td>Chair Yoga</td>
<td>6620</td>
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<td>Tone &amp; Step it Up</td>
<td>6613</td>
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<td>Pilates &amp; Yoga Fusion</td>
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<td>Group Fitness Training</td>
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<td>Zumba</td>
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<td>Barb Larocco</td>
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<td>Hip Hop Hustle</td>
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<td>Sunset Yoga</td>
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<td>Jyoti Sampat</td>
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<td>Tai Chi</td>
<td>6640</td>
<td>Dr. Xiaoping Xu</td>
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<td>6/17</td>
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**Zumba**
Ditch the Workout - join the party! Zumba has easy to follow moves and routines. Featuring interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you’ve got ZUMBA!

**Active Adults (50Y & up)**

**Chair Yoga**
This class is designed for those who may have mobility and/or health issues. Participants sit to do easy and gentle supported postures that are designed to improve flexibility, range of motion and breath quality. Integrate mind and body, improve your health and overall well being.
<table>
<thead>
<tr>
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<th>End Time</th>
<th>Start Date</th>
<th>End Date</th>
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The Fitness Punch Card is not valid for the following classes: Muscle Club, Acceleration Sports, R & B Line Dancing, Tai Chi and Zumba Dance Party.
### MONDAYS

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*no class Mar 29

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*no class Mar 30

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*no class Mar 31

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### FRIDAYS

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### SATURDAYS

The Fitness Punch Card is not valid for the following classes: Muscle Club, Acceleration Sports, R & B Line Dancing, Tai Chi and Zumba Dance Party.
Youth

New! Food Safety in Your Home

Behind today’s headlines of food borne illness outbreaks lies this incredible fact: it is estimated that over 30% of food borne illnesses occur not from eating contaminated food at a restaurant, but from food that was prepared at home! This workshop is designed to educate, enlighten and inform you about the hazards related to food purchasing, storage, and preparation in the home. Learn how to protect your family by making their food safer to eat from the grocery store to the dining room table! *This is a cooperative program with the Lisle Park District.*

<table>
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<th>FEE</th>
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Teens

New! Body Beautiful

Learn to love the one body you’ll ever have! This class focuses on how the media distorts body image and the impact that has on young girls. It will teach your daughter to look at her body in a fresh light, take care of it through healthy eating and proper exercise, and will teach her how to bring out the inner beauty that each of us has. *This is a cooperative program with the Lisle Park District.*

| LOCATION: Lisle Park District, Meadows Center, 5801 Westview Lane, Lisle |
| AGE | MIN/MAX | FEE |
| 11Y - 18Y | 5/10 | $8.00(R)/$11.00(N) |

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Thinking about registering for a cooperative program at the Lisle Park District Meadows Center? It’s less than 4 miles from the Woodridge Park District Community Center.

Volunteer for the Woodridge Park District

Enhance your life while giving back to the community through service opportunities. We invite you to become a volunteer for the Woodridge Park District. Volunteers are essential to the success of our programs. Any amount of time that you can afford to give will be greatly appreciated.

Volunteers make a difference! More than one quarter of a million people annually donate their time and expertise as volunteers for park and recreation programs and services, saving taxpayers millions of dollars in personnel costs.

Who can volunteer?

**INDIVIDUALS AND FAMILIES**

Choose an activity or special event based on your interests and time availability.

**BUSINESSES**

Build a company’s public image and improve staff morale by building a “team” attitude by contributing staff and or resources.

**TEENS AND SCHOOL GROUPS**

Boys and girls at least 14 years old are invited to gain valuable work experience or fulfill service hours for school.

Volunteer Opportunities

Daddy/Daughter or Mother/Son Date Night
Golden Years Program
Haunted Forest Walk
Indian Summer Festival
Jr. High Teens for Safety Town
Woodridge Jubilee Volunteers
Youth Basketball Coach
Youth Soccer Coach
Youth Girls Softball Coach

Call (630) 353-3300 or email info@woodridgeparks.org to get involved with your community and lend a helping hand!

Location CC = Woodridge Park District Community Center
2600 Center Drive
Preschool & Youth

Shotokan Pre-Karate/Safety

Through a variety of fun and creative activities, young children will develop coordination, strength and personal safety skills in a well-supervised setting. This program will give your child the lead she/he needs in developing memory and agility skills necessary to be successful in school and other sports. All classes are taught by instructors of the Ill. Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, Former U.S. Karate National Coach and National Faculty Member of ACEP (American Coaching Effectiveness Program). Note: Beginning students will not be permitted to register into the current session after the second class has met. Registration for Continuers through Advanced students will be accepted after the start date, but full class fee will be required. Special Note: Uniforms and Belt Testing are options available through the ISKC instructor.

LOCATION: CC, Hickory/Oak
AGE: 5Y - 7Y
MIN/MAX: 15/25

BEGINNER

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<td>$100.00(R)/$150.00(N)</td>
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<td>4:00 - 4:45PM</td>
<td>$75.00(R)/$112.00(N)</td>
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*no class May 31

CONTINUER

<table>
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<tr>
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<td>$75.00(R)/$112.00(N)</td>
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</tbody>
</table>

*no class May 31

Youth

Shotokan Youth Karate/Safety

Karate skills put children in touch with their bodies and helps build coordination, agility, strength and poise, as well as personal safety skills all in a well-supervised setting. Karate can improve your child’s sports, school and social activities. All classes are taught by Illinois Shotokan Karate Club instructors under the direction of John DiPasquale, four time National Champion, Former U.S. Karate National Coach, and National Faculty Member of ACEP (American Coaching Effectiveness Program). Note: Beginning students will not be permitted to register into the current session after the second class has met. Registration for Continuers through Advanced students will be accepted after the start date, but full class fee will be required. Special Note: Uniforms and Belt Testing are options available through the ISKC instructor.

LOCATION: Darien Community Center Gym, 7301 Fairview Ave., Darien
AGE: 5Y - 7Y
MIN/MAX: 5/5

BEGINNER/CONTINUING (2 or less prior sessions)

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<td>6188</td>
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INTERMEDIATE/ADVANCED (3 or more prior sessions)

<table>
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<th>TIME</th>
<th>FEE</th>
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</thead>
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<td>6183</td>
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<td>$100.00(R)/$150.00(N)</td>
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LOCATION: The Chalet, 8300 S. Wolf Road, Willow Springs
AGE: 5Y - 7Y
MIN/MAX: 5/5

BEGINNER/CONTINUING (1 or less prior sessions)

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<tr>
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INTERMEDIATE/ADVANCED (2 or more prior sessions)

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LOCATION: Darien Community Center Gym, 7301 Fairview Ave., Darien
AGE: 8Y - 14Y
MIN/MAX: 5/5

BEGINNER/CONTINUER (white - orange belts)

<table>
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</thead>
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*no class May 31

INTERMEDIATE (yellow - green belts)

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<td>Tu, Jan 5 - Mar 23</td>
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ADVANCED (purple - black belts)

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<td>6206</td>
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</table>
YOUTH CONTINUED

LOCATION: The Chalet, 8300 S. Wolf Road, Willow Springs
AGE: 8 - 14Y
MIN/MAX: 5/5

BEGINNER/CONTINUING (white - yellow belts)
CODE  DATES  TIME    FEE
6192  F, Jan 8 - Mar 26  5:40 - 6:35PM $100.00(R)/$150.00(N)
6207  F, Apr 2 - Jun 4   5:40 - 6:35PM $84.00(R)/$126.00(N)

INTERMEDIATE (blue - green belts)
CODE  DATES  TIME    FEE
6199  F, Jan 8 - Mar 26  6:40 - 7:35PM $100.00(R)/$150.00(N)
6208  F, Apr 2 - Jun 4   6:40 - 7:35PM $84.00(R)/$126.00(N)

ADVANCED (purple & up/instructor permission)
CODE  DATES  TIME    FEE
6200  F, Jan 8 - Mar 26  7:40 - 8:35PM $100.00(R)/$150.00(N)
6209  F, Apr 2 - Jun 4   7:40 - 8:35PM $84.00(R)/$126.00(N)

Youth & Teens/Teens & Adults

Tae Kwon Do
Tae Kwon Do is a Korean Style of combining the hands and feet in a method of unarmed self-defense. Instruction is centered around physical conditioning, a series of patterned movements that develop grace and coordination, and controlled sparring and self-defense practice. Black Belt instructors teach proper technique in these areas, monitor all students practice, and provide a structured teaching environment for students of all ages. Tae Kwon Do can bring out a heightened sense of confidence, physical awareness, and well-being in each and every student. All students begin at the rank of white belt. To advance to a higher belt or rank, the student must demonstrate his or her abilities at periodic promotional examination held at Kim’s Black Belt Academy. Note: Uniforms are available through the instructor.

LOCATION: CC, Hickory/Oak
AGE: 6Y - 13Y
MIN/MAX: 15/25

CODE  DATES  TIME    FEE
6253  Tu & Th, Jan 5 - Mar 25  5:30 - 6:15PM $117.00(R)/$175.00(N)
6254  Tu & Th, Apr 6 - May 27  5:30 - 6:15PM $78.00(R)/$117.00(N)

AGE: 13Y and up
MIN/MAX: 15/25

CODE  DATES  TIME    FEE
6257  Tu & Th, Jan 5 - Mar 25  7:40 - 8:40PM $117.00(R)/$175.00(N)
6258  Tu & Th, Apr 6 - May 27  7:40 - 8:40PM $78.00(R)/$117.00(N)

LOCATION: The Chalet, 8300 S. Wolf Road, Willow Springs
AGE: 15Y and up
MIN/MAX: 5/5

BEGINNER/INTERMEDIATE (white - purple belts)
CODE  DATES  TIME    FEE
6255  Tu, Jan 5 - Mar 23   8:35 - 9:45PM $120.00(R)/$180.00(N)
6256  Tu, Apr 6 - Jun 8    8:35 - 9:45PM $100.00(R)/$150.00(N)

LOCATION: Darien Community Center Gym, 7301 Fairview Ave., Darien
AGE: 15Y and up
MIN/MAX: 5/5

BEGINNER/INTERMEDIATE (white - yellow belts)
CODE  DATES  TIME    FEE
6210  M, Jan 4 - Mar 22   8:30 - 9:30PM $100.00(R)/$150.00(N)
6217  M, Apr 5 - Jun 7*   8:30 - 9:30PM $75.00(R)/$112.00(N)
*no class May 31

INTERMEDIATE (blue - green belts)
CODE  DATES  TIME    FEE
6211  M, Jan 4 - Mar 22   8:30 - 9:30PM $100.00(R)/$150.00(N)
6218  M, Apr 5 - Jun 7*   8:30 - 9:30PM $75.00(R)/$112.00(N)
*no class May 31

ADVANCED (purple belt and up)
CODE  DATES  TIME    FEE
6212  M, Jan 4 - Mar 22   8:30 - 10:00PM $136.00(R)/$204.00(N)
6219  M, Apr 5 - Jun 7*   8:30 - 10:00PM $103.00(R)/$154.00(N)
*no class May 31

LOCATION: Willow Springs
AGE: 15Y and up
MIN/MAX: 5/5

BEGINNER/INTERMEDIATE (white - yellow belts)
CODE  DATES  TIME    FEE
6215  F, Jan 8 - Mar 26   8:40 - 9:40PM $100.00(R)/$150.00(N)
6222  F, Apr 2 - Jun 4    8:40 - 9:40PM $84.00(R)/$126.00(N)

ADVANCED (brown - black belts)
CODE  DATES  TIME    FEE
6216  F, Jan 8 - Mar 26   8:40 - 10:00PM $120.00(R)/$180.00(N)
6223  F, Apr 2 - Jun 4    8:40 - 10:00PM $100.00(R)/$150.00(N)

LOCATION: CC, Hickory/Oak
AGE: 15Y and up
MIN/MAX: 15/25

BEGINNER/NOVICE (white - yellow belts)
CODE  DATES  TIME    FEE
6210  M, Jan 4 - Mar 22   8:30 - 9:30PM $100.00(R)/$150.00(N)
6217  M, Apr 5 - Jun 7*   8:30 - 9:30PM $75.00(R)/$112.00(N)
*no class May 31

INTERMEDIATE (blue - green belts)
CODE  DATES  TIME    FEE
6211  M, Jan 4 - Mar 22   8:30 - 9:30PM $100.00(R)/$150.00(N)
6218  M, Apr 5 - Jun 7*   8:30 - 9:30PM $75.00(R)/$112.00(N)
*no class May 31

ADVANCED (purple belt and up)
CODE  DATES  TIME    FEE
6212  M, Jan 4 - Mar 22   8:30 - 10:00PM $136.00(R)/$204.00(N)
6219  M, Apr 5 - Jun 7*   8:30 - 10:00PM $103.00(R)/$154.00(N)
*no class May 31

LOCATION: Darien Community Center Gym, 7301 Fairview Ave., Darien
AGE: 15Y and up
MIN/MAX: 5/5

BEGINNER/INTERMEDIATE (white - yellow belts)
CODE  DATES  TIME    FEE
6213  Tu, Jan 5 - Mar 23   8:35 - 9:30PM $100.00(R)/$150.00(N)
6220  Tu, Apr 6 - Jun 8    8:35 - 9:30PM $84.00(R)/$126.00(N)

INTERMEDIATE/ADVANCED (blue belts and up)
CODE  DATES  TIME    FEE
6214  Tu, Jan 5 - Mar 23   8:35 - 9:45PM $120.00(R)/$180.00(N)
6221  Tu, Apr 6 - Jun 8    8:35 - 9:45PM $100.00(R)/$150.00(N)

LOCATION: The Chalet, 8300 S. Wolf Road, Willow Springs
AGE: 15Y and up
MIN/MAX: 5/5

BEGINNER/INTERMEDIATE (white - purple belts)
CODE  DATES  TIME    FEE
6215  F, Jan 8 - Mar 26   8:40 - 9:40PM $100.00(R)/$150.00(N)
6222  F, Apr 2 - Jun 4    8:40 - 9:40PM $84.00(R)/$126.00(N)

ADVANCED (brown - black belts)
CODE  DATES  TIME    FEE
6216  F, Jan 8 - Mar 26   8:40 - 10:00PM $120.00(R)/$180.00(N)
6223  F, Apr 2 - Jun 4    8:40 - 10:00PM $100.00(R)/$150.00(N)
Private Guitar

Private lessons are available for beginning through intermediate guitar students. Proper technique, music theory, ear training, and music reading are all emphasized. An alternative to Guitars Rock! group instruction for the student who may be more comfortable in a private setting or has gone beyond the group levels. Method books are available from the instructor for an additional fee.

<table>
<thead>
<tr>
<th>LOCATION</th>
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<tbody>
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<td>CC, Pinecone 130</td>
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<td>6440</td>
<td>Th, Jan 7 - Feb 11</td>
<td>3:00 - 3:30PM</td>
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<td>6441</td>
<td>Th, Jan 7 - Feb 11</td>
<td>3:30 - 4:00PM</td>
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<td>6442</td>
<td>Th, Jan 7 - Feb 11</td>
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Private Piano

Private lessons are available for beginning through intermediate piano students. Proper technique, music theory, ear training, and music reading are all emphasized. An alternative to KinderKeys group instruction for the student who may be more comfortable in a private setting or has gone beyond the group levels. Method books are available from the instructor for an additional fee which varies by age.

<table>
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<th>MIN/MAX</th>
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<tr>
<td>CC, Birch 101</td>
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<td>Th, Apr 8 - May 27</td>
<td>6:10 - 6:40PM</td>
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</table>

see you there! registration information p. 48 - 49
Parent/Child

Tot Rock

Music and fun for everyone! Parents and tots will boogie to the beat in this high-energy musical adventure! We will play with rhythm instruments like tambourines and maracas, share props like balls and beanbags, and explore sensory items like bubbles and feathers. In addition to improving your tot’s newly-acquired motor skills, we provide structured and unstructured time to encourage socialization. Sign up for all sessions as the curriculum does not repeat. Learn, dance, and play our way! www.rockitkids.com

Preschool

Group Piano

KinderKeys uses a positive and fun approach to the first steps of learning to play the piano. Individual keyboards will be provided for classroom use. Lessons include keyboard and music theory instruction. Book fee will be paid directly to instructor at the first class.

Youth & Teens

Guitar Rocks

Acoustic or Electric - your choice! Learn to play guitar in an upbeat group atmosphere. This class is designed for the student with no previous guitar experience. Book and instructional CD - payable to instructor first day of class.

A decision to run a program is determined one week prior to the start of the program, unless otherwise noted. If classes do not meet the minimum registration requirements, they are cancelled. So register early!

DON'T WAIT...REGISTER EARLY!
Woodridge Soccer Association Spring 2010
In-House Registration
Eight game season — April 24 - June 5
Games will NOT be played on Memorial Day weekend

Important Registration Information
We strongly encourage your attendance at one of the Early Bird Registrations listed below. WSA Board Members will be available to assist you with questions. Otherwise, please stop by the Community Center during regular business hours to fill out the registration form along with the required soccer specific forms. No online, mail in, or drop off registration is accepted for WSA. Forms may be faxed to you upon request.

Please attend one of the following Early Bird Registrations at the Woodridge Park District Community Center:

- Saturday, January 9, 9 am-Noon
- Wednesday, January 13, 6:30-8:30 pm
- Saturday, January 16, 9 am-Noon

Soccer Uniform Information
Fee includes Uniform shirt and socks. Uniform shorts may be purchased at Early Bird Registrations.

High School Volunteer Coaches Wanted
For the past several seasons, we have had high school players volunteer to help assist the coaches of the Woodridge Soccer Association and we are again looking for volunteers. If interested, or if you know of someone that may be interested, please contact the Woodridge Park District at (630) 353-3300.

Players New to WSA Need Birth Certificates
Parents of players new to WSA must bring their child’s birth certificate to registration.
Woodridge Park District Girls’ Softball

Girls in this program will be divided into three leagues.

- Instructional (5-7 years old)
- Minor (8-10 years old)
- Junior (11-14 years old)

These age requirements are as of January 1, 2010. All registered girls are placed on a team. Early bird registration deadline is Tuesday, February 9.

Important Registration Information
Registration Deadline is March 2, 2010. Stop by the Community Center during regular business hours to fill out the registration form along with the required softball specific form! Forms may be faxed to you upon request as registration is not available online for this program.

Players who have played in a league for at least 2 years may request to play up into the next league.

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Draft Evaluation Day Information:
Draft Evaluation Day
Information: All players 8-14 years must participate in the Draft Evaluation Day on Saturday, March 13. Girls 5-7 years old do not have to attend. Tryouts will be indoors in the Jefferson Junior High School Gym

8-10 years 10:00-11:30AM
11-14 years 12:00-1:30PM

Player Information
Uniform shirt, shorts, socks, team picture, award, and much more are included with the fee.

Umpires Needed
If you know of anyone 14 years or older who would like to be an umpire, call (630) 353-3300 for more information.

Sponsorship Opportunities
Promote your organization while giving back to the community by sponsoring a girls’ softball team. Contact Dan Peboontom, Athletic Supervisor at (630) 353-3300 or via email at dpeboontom@woodridgeparks.org for more details.
Parent/Child

Parent & Star Gymnastics
Your little star will explore many different avenues of physical movement through basic tumbling activity. This is a parent-assisted program and active wear is advised. Come and enjoy the interaction created for you and your child in this class. Gymnastics is a wonderful and fun way for young children to experience the many varieties of physical activities. Your little star will learn gymnastic positions, skills, and movements that will develop coordination, strength, balance and self-confidence. The staff of Gym Stars uses safe, progressive, and positive teaching techniques appropriate for each age group. Attire: Instructors suggest shorts and T-shirts without snaps, buttons or zippers for your child’s safety.

LOCATION: CC, Hickory
AGE      MIN/MAX     FEE
18M - 35M     8/16     $74.00(R)/$87.00(N)

CODE  DATES  TIME
6367  W, Jan 6 - Feb 17     9:30 - 10:00AM
6368  W, Feb 24 - Apr 14*  9:30 - 10:00AM
6369  W, Apr 21 - Jun 2    9:30 - 10:00AM
*no class Mar 31

Parent and Tot Sports
Come and give you and your child an opportunity to bond and have fun together while learning a variety of sports. This class is great for simple motor skills such as catching, throwing, and anything that involves hand-eye coordination. Parents will participate with the child in soccer, basketball, hockey, t-ball, and more.

LOCATION: Willow Creek School, Gymnasium
AGE  MIN/MAX  TIME
2Y - 3Y     6/14  6:15 - 7:00PM

CODE  DATES  FEE
6376  M, Jan 11 - Feb 8   $44.00(R)/$55.00(N)
6377  M, Feb 22 - Mar 22  $44.00(R)/$55.00(N)
6378  M, Apr 5 - May 17  $57.00(R)/$65.00(N)
*no class Feb 2

Parent Toddler Gym Time
It’s time to release all that toddler energy, socialize with other families, and learn new motor skills. Your child will have fun climbing, tumbling, and playing ball games. We’ll provide the equipment, and our instructor will facilitate activities. This is designed as a parent and tot interactive play activity time.

LOCATION: CC, Maple
AGE  MIN/MAX  TIME  FEE
20M - 3Y     6/15 $45.00(R)/$68.00(N)

CODE  DATES  TIME
6519  F, Jan 8 - Mar 5   9:45 - 10:15AM
6520  F, Mar 12 - May 21* 9:45 - 10:15AM
*no class Mar 26 & Apr 2

Wide World of Sports
This class taught by Mark Miller’s staff introduces children to multiple sports throughout the session. Children will learn drills, coordination and good sportsmanship with the help of their parents. Mark Miller’s programs have been featured on the local ABC and NBC networks as well as many local newspapers. The younger class is a parent and tot class.

LOCATION: CC, Hickory/Oak
AGE  MIN/MAX  FEE
3Y - 5Y     8/15 $89.00(R)/$99.00(N)

CODE  DATES  TIME
6568  Sa, Jan 23 - Mar 13  9:00 - 9:30AM

LOCATION: CC, Hickory/Oak
AGE  MIN/MAX  FEE
5Y - 8Y     8/15 $89.00(R)/$99.00(N)

CODE  DATES  TIME
6569  Sa, Jan 23 - Mar 13  9:30 - 10:00AM

Preschool

All Star Soccer
This program is designed to teach children the basics of soccer in a fun and exciting way. Dribbling, passing, and shooting will be covered through fun games that keep everyone moving. This class, run by All Star Sports instructors, is great for coordination and self-esteem. The main objective is to have fun. Please bring a soccer ball to class.

LOCATION: Willow Creek School, Gymnasium
AGE  MIN/MAX  TIME  FEE
3Y - 4Y     6/14  6:15 - 7:00PM

CODE  DATES  FEE
6382  Tu, Jan 12 - Feb 16* $44.00(R)/$55.00(N)
6383  Tu, Feb 23 - Mar 23 $44.00(R)/$55.00(N)
6386  Tu, Apr 6 - May 18 $57.00(R)/$75.00(N)
*no class Feb 2

AGE  MIN/MAX  TIME  FEE
4Y - 6Y     6/16  7:00 - 8:00PM

CODE  DATES  FEE
6384  Tu, Jan 12 - Feb 16* $44.00(R)/$55.00(N)
6385  Tu, Feb 23 - Mar 23 $44.00(R)/$55.00(N)
6387  Tu, Apr 6 - May 18 $57.00(R)/$75.00(N)
*no class Feb 2

PARK DISTRICT
Info Line
(630) 353-3400
Provides up-to-date information about special events, sports sign-ups, weather-related cancellations, Totschool information, and general program information.
All Star T-Ball

Instructors of All Star Sports will cover the basics of baseball in a fun and safe environment where no one stands around. Throwing, catching, hitting, and fielding will be taught as well as running the bases and how to play the game. Games will be played every week. Participants must bring own glove.

LOCATION: Willow Creek School, Gymnasium

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CODE

6397  Th, Feb 25 - Mar 25  $44.00(R)/$55.00(N)
6398  Th, Apr 8 - May 20  $57.00(R)/$75.00(N)

All Star Super Sports

This fun-filled class teaches little superstars the importance of teamwork and sportsmanship while sparking an interest for kids to play a variety of sports. Sports to be covered include basketball, hockey, soccer, baseball, football and more.

LOCATION: Willow Creek School, Gymnasium

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CODE

6379  M, Jan 11 - Feb 8  $44.00(R)/$55.00(N)
6380  M, Feb 22 - Mar 22  $44.00(R)/$55.00(N)
6381  M, Apr 5 - May 17  $57.00(R)/$75.00(N)

All Star Basketball

This program will introduce your children to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, passing, shooting and defense will be taught by enthusiastic instructors of All Star Sports. Games will also be played to show the importance of teamwork in game situations.

LOCATION: Willow Creek School, Gymnasium

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6388  W, Jan 13 - Feb 17*  $44.00(R)/$55.00(N)
6389  W, Feb 24 - Mar 24  $44.00(R)/$55.00(N)
6393  W, Apr 7 - May 19  $57.00(R)/$75.00(N)

Kids First Blast Ball

Blast Ball is an introduction to baseball for young kids. The game is very safe, played with a soft bat and ball, no glove is needed. Each player bats once an inning and no scores are kept. Blast Ball consists of one base and makes a ‘honking’ noise when a player steps on it. Major League Baseball recognizes Blast Ball as part of its campaign to promote the resurgence of baseball. Kids love it so come on out.

LOCATION

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<tr>
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CODE

6570  Sa, Jan 23 - Feb 20  10:00 - 10:45AM

Shooting Stars Gymnastics

Shooting Stars helps every student, new and old improve the basic skills appropriate for this age. Returning students will continue learning by making the next progression up in their development of gymnastics skills. Fun and interesting challenges await your child in this class!

LOCATION: Willow Creek School, Gymnasium

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<th>AGE</th>
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CODE

6370  W, Jan 6 - Feb 17  9:00 - 9:30AM
6371  W, Feb 24 - Apr 14*  9:00 - 9:30AM
6372  W, Apr 21 - Jun 2  9:00 - 9:30AM

*no class Feb 11

*no class Mar 31
Youth

All Star Intermediate Basketball
These classes enhance the basics already taught in the beginning program. This class concentrates more on teamwork and game situations. Man-to-man and zone defenses are both taught along with offensive strategies that are guaranteed to keep the players moving.

LOCATION: Willow Creek School, Gymnasium

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<td>6414</td>
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*no class Jan 20

See page 26 for two new youth fitness programs - Acceleration Sports and Muscle Club.

Youth & Teens

Beginning Fencing
Want to wield a sword? Fencing class offers students the basic understanding of attack and defense of fencing. Students will learn basic moves and strategies that create a solid foundation for developing their fencing game. Each class will have introduction and boutting (actual fencing). All equipment is provided and is designed for all fitness levels.

LOCATION: CC, Oak 201

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<td>6403</td>
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Advanced Fencing
As a follow up to the popular beginner’s class, fencers will learn more complex attacks, defense and strategies while having more opportunities to bout. All equipment is provided.

LOCATION: CC, Oak 201

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<td>6406</td>
<td>Th, Apr 15 - May 20</td>
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Kids First Bowling
Have a ball with experienced coaches as they plan bowling drills guaranteed to develop skills and safety through fundamentals. This challenging program will focus on techniques of throwing spares and strikes, bowling management, body balance, follow through, spin, ball location, lane symbols, scoring, practice tips and sportsmanship. Participants will be separated by age and ability at the first class.

LOCATION: Brunswick Zone, Bowling Lanes

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<td>6408</td>
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<td>12:00 - 1:30PM</td>
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Kids First Volleyball
Spike it. This fun and instructional camp teaches volleyball skills through fundamentals. Experienced coaches challenge players with volleyball drills to raise each players skill level; including techniques in serving, spiking, setting, volleyball control and game strategy. Sportsmanship will also be taught with a competitive volleyball game and a skills challenge concluding the session.

LOCATION: Jefferson Jr High School, Gymnasium

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<td>6412</td>
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Holiday Open Gym
Enjoy the time off from school by coming to our open gym to have some fun. Bring your friends to shoot some hoops or kick a ball around. If enough people show up, organized games will be formed. Moms and dads are also welcome to attend and participate with their children. There is no charge for parents attending. No pre-registration. Pay cash at the door.

LOCATION: Jefferson Jr High School, Gymnasium

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<td>6 - 8</td>
<td>3/25</td>
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Spring Break Open Gym

Enjoy the week off of school by coming to our open gym to have some fun. Bring your friends to shoot some hoops or kick a ball around. If enough people show up, organized games will be formed. Moms and Dads are welcome to attend and participate with their children. There is no charge for parents attending. No pre-registration. Pay cash at the door.

LOCATION: Jefferson Jr High School, Gymnasium

DATES      FEE
Tu & Th, Mar 30 - Apr 1  $3.00(R)/$4.00(N)
GRADE MIN/MAX  TIME
3 - 5  5/20  1:00 - 2:30PM
GRADE MIN/MAX  TIME
6 - 8  5/20  2:30 - 4:00PM

New! Youth Dodgeball League

You’ve played it in gym class now join us and have some fun in a supervised environment. Participants register individually and will be placed on a team. Every player receives a team jersey. The season includes 6 matches and a single elimination tournament. We will be using foam balls to minimize any risk of injury. Registration deadline is January 2. This is a cooperative effort with the Lisle Park District.

LOCATION: Jefferson Jr High School, Gymnasium

AGE  MIN/MAX  FEE
9Y - 12Y  16/32  $40.00(R)/$50.00(N)
CODE DATES  TIME
6555  Tu, Jan 12 - Feb 23  6:00 - 8:30PM

AGE  MIN/MAX  FEE
12Y - 14Y  16/32  $40.00(R)/$50.00(N)
CODE DATES  TIME
6562  Tu, Jan 12 - Feb 23  6:00 - 8:30PM

Adult Open Volleyball

Gather your friends and enjoy an evening of pick-up volleyball on Wednesday nights. Please bring your own volleyball. Identification is required and lockers are not available. A ten-visit punch card is available for purchase at the Community Center.

LOCATION: Jefferson Jr High School, Gymnasium

AGE MIN/MAX  FEE
18Y and up  1/20  $3.00(R)/$4.00(N) at the door
               $25.00(R)/$37.50 (N) at the CC
             (10-visit punch card)

DATES TIME
W, Jan 6 - Apr 21* 7:00 - 9:30PM
*no class Feb 17 and Mar 24

Over 30 Open Basketball

Come and hoop it up with us at Jefferson to play some round ball. Bring your ball and play yourself into shape. Identification is required. Basketballs are not provided and lockers rooms are not available. A ten-visit punch card is available for purchase at the Community Center.

LOCATION: Jefferson Jr High School, Gymnasium

AGE  MIN/MAX  FEE
30Y and up  1/20  $3.00(R)/$4.00(N) at the door
               $25.00(R)/$37.50 (N) at the CC
             (10-visit punch card)

DATES TIME
Su, Jan 10 - May 2 6:00 - 8:00PM

New! Co-Ed Adult Dodgeball League

Are you looking for a sport that involves teamwork and strategy? Well look no further than our new Co-Ed Dodgeball League. The season includes 8 matches and concludes with a single elimination tournament. Teams must consist of a minimum of 2 women. Each match consists of 7 games and games will be played 6 vs 6. For more information, please call (630) 353-3344. This is a cooperative program with the Lisle Park District.

LOCATION: Jefferson Jr High School, Gymnasium

AGE  MIN/MAX  FEE
18Y and up  4/6  $250.00(R)/$300.00(N)
CODE DATES TIME
6565  Su, Jan 24 - Mar 21 2:00 - 5:00PM

Men’s Over 30 Baseball League

This unique league is open to men 30 years and over. Sign up is on an individual basis until all spots are filled. Teams will be formed in early April. No registration will be accepted after March 13. The Sunday season begins April 25. You must be 30 years or older as of May 1, 2010.

LOCATION: Janes Avenue Park, Ballfield 1

AGE  MIN/MAX  FEE
30Y and up  40/140  $88.00(R)/$132.00(N)
CODE DATES TIME
6421  Su, Apr 25 - Sep 12 8:30AM - 10:30PM
Woodridge Park District Coach of the Year Award

The Woodridge Park District recognizes the importance of volunteer coaches in our athletic programs. Coaching youth sports is more than just teaching the X’s and the O’s. Good Sportsmanship, a positive attitude and self discipline are expected by parents and nowadays expectations couldn’t be higher. We would like to recognize the efforts of some of our coaches and so we are looking for nominations.

Any coach who has coached in the 2009 calendar year is eligible to be nominated. This coach should have demonstrated at minimum the following qualities:

• Good sportsmanship: Are players encouraged to be respectful of opponents? Does the coach place the well being of his/her players ahead of winning? Does the coach practice what he/she preaches?
• Player Development: Are players motivated to come to practice and learn? Does the coach create an environment that is fun and challenging for all players?
• Leadership: Does the coach promote a positive atmosphere among the team, fans and parents? Does the coach create an upbeat image of coaching and the role of the coach?

All nominations must be received by February 15, 2010. The winner will be chosen on March 1, 2010. All nominees will also be recognized. Nomination forms will be available at the Woodridge Park District Community Center and may also be faxed or emailed upon request.

Coach Spotlight
Chris Meyers

How long have you been coaching with the park district and what sports have you coached?
I have coached Girls Basketball and Girls Softball for four years.

Why did you decide to volunteer coach?
I wanted to stay involved with my daughter’s activities. I also like the teaching and competitive aspect of coaching.

What do you like about coaching youth players?
I like watching them learn and improve throughout the season. I also like to see how the players on the team interact and support each other. The sportsmanship with the other teams was good to see. It was good to see the excitement in practices and the games by the kids.

What has been your favorite/best experience while coaching?
One of my favorite experiences was this past softball season watching the girls become very excited when they realized midway through the year that we had not lost a game. Finishing out the season and the playoffs with some thrilling victories was very special for the girls.

What has been your most challenging aspect of being a volunteer coach?
Keeping kids excited and motivated when they have to deal with losing. I have been very fortunate to work with other great coaches which makes volunteering fun and fulfilling.

PARK DISTRICT Info Line
(630) 353-3400
Provides up-to-date information about special events, sports sign-ups, weather-related cancellations, Totschool information, and general program information.
**Family**

**Chicago Auto Show**

Join us as we head down to McCormick Place to see the world famous Chicago Auto Show. In its 102nd year, come and check out all the cars and trucks including the latest hybrids, SUV’s and concept cars from all of the major car manufacturers. Price includes transportation only. Tickets may be purchased online at chicagautozhow.com or at the gate that morning. The show opens at 10:00am and we will arrive at least 30 minutes early. Children under 13 must be accompanied by an adult. Bus will depart from the auto show no later than 3:30 PM.

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**Chicago Bulls vs. Miami Heat**

The Bulls will be playoff bound in 2010. Join us as we see D. Rose take on D. Wade of the Miami Heat. It will be a fast-paced game so be sure to come on out with us. The price includes transportation and an upper-deck seat. Children under 13 must be accompanied by an adult. Game time is 7:00pm.

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**Youth & Teens**

**Snow Tubing**

- **Bartlett, IL**

It’s time to pursue snow-filled fun on the slope at Villa Olivia in Bartlett as your tube whisks you down the hill. Fee includes transportation, tube rental and lift. When registering, please do not forget to fill out the Participant Information Sheet and the Villa Olivia Waiver that can be found on our website under Programs and Registration - Handbooks, Waivers & Forms. Please bring a $5.00 deposit for your tube rental. It will be given back to you once the tube has been returned. This trip is a cooperative effort of the Park Districts of Bolingbrook, Downers Grove, Lisle, Naperville, and Woodridge.

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**Overnight Teen Ski Trip**

- **Galena, IL**

Join us on the slopes of Chestnut Mountain Ski Resort in Galena, IL for an overnight ski trip. Stay up all night as the slopes will be open exclusively for Illinois Park Districts. Have fun snowboarding, skiing, playing in the arcade, hanging out at the bonfire and eating at the snack bar. Please be sure to fill out the appropriate waiver and participant information form when registering, which can be found on our website under Programs and Registration. All waivers must be complete to attend. Please arrive at 6:15 p.m. to check-in as we will be departing at 6:30 p.m. This trip is a cooperative effort of the Park Districts of Bolingbrook, Downers Grove, Lisle, Naperville, and Woodridge.

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**New! Rink Side Sports & Family Entertainment Center**

- **Gurnee, IL**

Looking for something to do with your friends on your day off from school? Rink Side is a 60,000 square foot facility located within the confines of Gurnee Mills Mall! Join us as we test our ice skating skills on the ice, play over 100 games in the arcade and tag opponents with our Laser Phasers in the laser tag arena. Fee includes: pizza and pop, 1 roll of game tokens, 1 game of laser tag, ice skating rental and transportation. Please bring additional money if you wish to purchase extra food or tokens. Extra tokens cost $4.00 for a roll of 20 tokens. Games range from 2 - 8 tokens per play. This trip is a cooperative effort of the Park Districts of Bolingbrook, Downers Grove, Lisle, Naperville, and Woodridge.

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**Activity Levels for Active Adult Trips**

1. **Minimal walking.**
   - No stairs.

2. **Longer walking**
   - Distances. Some short periods of standing and possibly some stairs.

3. **Extended periods of walking**
   - Over both even and uneven surfaces.
   - Some extended periods of standing and stairs.

All trips are handicap-accessible unless otherwise noted. If you require additional assistance, please notify registration staff when registering for the trip or call Nancy Haring, Senior Coordinator, at (630) 353-3300.
Active Adults

If you are under the age of 50 and would like to attend an active adult trip with a family member or friend who is 50 or older, please call or visit the Woodridge Park District Community Center for consideration.

The Cravings Crew

Join us for a monthly lunch outing organized by the Woodridge Park District for active adults 50 years old and better. Each month we will travel to a different restaurant to sample a variety of menu options. This program will typically take place the third Wednesday of each month, but may vary. Exact dates, times, restaurant and menu options are available the first Thursday of each month. Your fee for this program includes: transportation, lunch, soft drink beverages and gratuity. Advance registration is required. Call (630) 353-3300 or stop by the Community Center for details.

French Tea at Suzette’s Creperie
-Wheaton, IL

Paris, anyone? We will be off for the next best thing, a French Tea at Suzette’s Creperie in historic downtown Wheaton. Our three-course tea service will begin with flavorful tea selections and either a fresh warm crepe or fresh quiche, the second course will be scrumptious, warm from the oven scones and we will finish off with a french pasterie selection or dessert crepe. This is an afternoon you will not want to miss! Fee includes: transportation, tea service and gratuity.

Registration Deadline: Tu, Jan 19

Blue Chip Casino
-Michigan City, IN

We will travel by deluxe motor coach to spend the day at the Blue Chip Casino in Michigan City, Indiana. Our visit includes a $15 voucher for the lunch buffet and gaming card, that once you earn 2000 points, you will get $10 in gaming. Fee includes: motor coach transportation, gaming package and lunch buffet. All gaming is on your own. This trip is sponsored in part by Bright Star Healthcare of Naperville.

Registration Deadline: Tu, Jan 19

Out of Order at the Metropolis Performing Arts Center
-Arlington Heights, IL

Join us as we head to the intimate Metropolis Performing Arts Center for the hilarious play Out of Order. We will have lunch prior to the show at Peggy Kinnane’s, an Irish pub where we will order off the sandwich menu. In this play, Conservative Junior Minister Richard Willey will do whatever it takes to keep his affair with the lovely Miss Worthington, a typist for his political opposition, a secret. Willey manages to fool everyone until a dead body is uncovered in the hotel suite he and Miss Worthington are sharing for the evening. With all the madness and lunacy of this fantastic farce, you’re in for a night of huge laughs. Some adult themes. Fee includes: transportation, lunch and show.

Marriage of Figaro at the Lyric Opera
-Chicago, IL

The beautiful and historic Lyric Opera House awaits us for the classic Mozart Opera, The Marriage of Figaro. Figaro, the count’s valet, and Susanna, the countess’s maid, are desperate to marry - but the rakish count has designs on Susanna for himself. Wily servants outsmart their aristocratic masters in the ultimate upstairs-downstairs comedy. Mozart dazzles us again with his remarkable talent. Fee includes: transportation and ticket only. There is no lunch included with this trip. However, there are two, twenty minute intermissions where you are able to purchase snacks and beverages.

Art Institute of Chicago
-Chicago, IL

We will be off to the newly renovated Art Institute of Chicago, the country’s second largest art museum. Experience the new Modern Wing, enjoy the Impressionism exhibit, explore the American Art collection, plus many more exhibits, all at your own self-guided pace. Please note that the Art Institute does not allow outside food or beverages to be brought in. There is a complimentary coat check provided. Fee includes: transportation and admission to the museum. Lunch is on your own at one of the two restaurants on-site.
I Do, I Do! at Theater at the Center
-Munster, IN
We will be traveling to the Theater at the Center for this fabulous show and lunch. I Do, I Do! is the story of a marriage from the wedding night to 50 years later with all the ups and downs in between. We will enjoy a plated lunch prior to the show, menu still to be determined. Fee includes: transportation, lunch and show.
Registration Deadline: W, Mar 31

Tulip Festival - Holland, Michigan
-Holland, MI
We will travel by deluxe motor-coach to Holland Michigan for the renowned Tulip Festival. We will explore the Veldheers Tulip Garden and Farm, the wooden shoe factory and Wind Mill Island. A stop at the Dutch Village is also planned where we will enjoy a buffet meal at the Queens Inn. Fee includes: transportation and buffet meal. All shopping and other food purchases are on your own.
Registration Deadline: Tu, Apr 20

A Day at Lincoln Park Zoo
-Chicago, IL
We are off to the world famous Lincoln Park Zoo! See all the changes that have taken place in recent years, meet some keepers or watch as animals get fed! You will explore all there is to see at your own pace. Lunch is on your own, bring a sack lunch, or dine at one of the many restaurant options on site. Please dress for the weather, this trip will go rain or shine! Fee includes: transportation only.

Park Tour and Picnic
-Woodridge, IL
Did you know that Woodridge Park District has over forty parks? Please join us as we take a unique tour of these gems located right here in Woodridge! We will visit over 20 parks, stopping at some to get out and see what improvements have been made and what may still be in the works! We will enjoy a picnic lunch of hamburgers and sides at one of the stops along the way. Don’t miss out on this fun day!
Registration Deadline: Th, May 20

Spring Craft Fair at the Odeum
-Villa Park, IL
Join us as we head to the Odeum Sports and Expo Center for the 28th Annual Spring Festival, an arts and crafts affair. This great event is renowned nationwide as one of the 100 best craft fairs. You will have ample time to wander and shop. Fee includes: transportation and ticket to event. Lunch is on your own at the on-site concessions. All purchases are on your own. Registration Deadline: Th, Apr 8

Holocaust Museum
-Skokie, IL
This new world-class museum is dedicated to preserving the memories of those lost in the Holocaust and teaching current generations to fight genocide and indifference in today’s world. We will tour the Karkomi Permanent Exhibition on a self-guided tour. This exhibit shows life from pre-war Germany through the liberation of Concentration Camps. We will stop for lunch at the Skokie Portillo’s restaurant after our museum visit. Fee includes: transportation and museum admission, lunch is on your own.
Registration Deadline: Tu, Mar 30

Woodfield Mall Shopping Extravaganza
-Schaumburg, IL
Spend the day at one of the area’s premier shopping centers, Woodfield Mall! This premier center boasts over 300 shops, restaurants and movie theaters. We will be greeted by mall personnel and given mall maps, shopping bags and a coupon book for select stores and restaurants located in the shopping center. Lunch will be on your own at one of the many dining options. Fee includes: transportation only. Shopping and lunch are on your own.

2010 Flower and Garden Show
-Chicago, IL
Join us as we head back to Navy Pier for the spectacular 2010 Flower and Garden Show. Whether you are an avid gardener or are just looking at the great designs, this is sure to be a fantastic day. Fee includes: transportation and ticket to the show only. Lunch is on your own at one of the many restaurants located at Navy Pier.
Registration Deadline: Tu, Mar 2

Did you know that Woodridge Park District has over forty parks? Please join us as we take a unique tour of these gems located right here in Woodridge! We will visit over 20 parks, stopping at some to get out and see what improvements have been made and what may still be in the works! We will enjoy a picnic lunch of hamburgers and sides at one of the stops along the way. Don’t miss out on this fun day!
Registration Deadline: Th, May 20
SEASPAR

SEASPAR, the South East Association for Special Parks And Recreation, is an extension of the Woodridge Park District and ten neighboring communities whose commitment is to provide comprehensive recreation opportunities for residents with disabilities. Individuals with attention deficit disorder, autism, behavior disorders, cognitive delays, epilepsy, hearing impairments, learning disabilities, physical impairments, visual impairments, and social issues, are all eligible for SEAPSAR programs.

The wide range of services provided include weekly programs, special events, Special Olympics, camps, leisure education, and so much more. Programs are available to children as young as three years old, senior citizens, and everyone in between. SEASPAR staff and volunteers are trained to work with behavior management, physical adaptations, and social concerns to ensure a positive experience for all those who participate. SEASPAR’s winter/spring brochure, which can be obtained from your local library, community center, village hall and/or recreation center, and the SEASPAR Website, lists all the programs available for the session.

New and Exciting in 2010

Recreation programs for individuals with special needs, who reside in Woodridge are coordinated through SEASPAR, the South East Association for Special Parks And Recreation. Woodridge has combined efforts with ten other communities to provide more options for individuals with physical, emotional, and cognitive disabilities through the wide variety of services offered.

In addition to the weekly programs and special events offered by SEASPAR, inclusion assistance is available to individuals who wish to participate in programs offered by their park district or recreation department. Through a number of possible accommodations, individuals with special needs can benefit from participation in these programs, SEASPAR programs, or both.

SEASPAR's winter/spring brochure, which can be obtained from your local library, community center, village hall and/or recreation center, lists all the programs available for the season. Additional information is available on SEASPAR’s website, www.seaspar.org. Join friends for a movie, dance, sporting event, exercise class or cooking class, or one of the many other special events and weekly programs offered to warm up your winter days and nights.
Behavior Policy
Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

Participants shall:
1. Show respect to all participants and staff, take direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to self, other participants, or staff.
4. Show respect to equipment, supplies and facilities.

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of himself/herself or others.

Special Note To Parents
The Woodridge Park District provides a safe and stimulating environment for your child’s growth, please help us maintain our high-quality programs.

Safety: Please drop off and pick up your child at the classroom door.

Age: To enroll in a class, a child must have attained the proper age of the desired class by the first class session.

Proof of Age: Proof of age in the form of a birth certificate may be required. If a child is not the appropriate age for a class, he/she will be dropped from the program.

Parent & Child Classes: Siblings of the enrolled children may not attend class.

Rotary Club of Woodridge Program Assistance Plan
The Program Assistance Plan is made available to you through the generosity of the Woodridge Rotary Club. The purpose of this program is to provide funding for people in need, to enable them to participate in Woodridge Park District Programs. Applications are available at the Woodridge Park District Community Center. Applications will be considered for approval within 3 working days of submission and are completely confidential. Applications for Scholarship money need to be submitted at least 3 working days before the priority registration deadline. Residents using this Rotary Assistance Plan will follow normal registration procedures. The Rotary Club of Woodridge will provide a maximum in scholarship amount of $25 per season/per family for Park District sponsored programs. For more information, please go to the Community Center and pick up an application. Applications will be accepted year round.

Photography/Videotaping Policy
The Woodridge Park District photographs and videotapes participants in its programs, special events or facilities to publicize recreational opportunities. We do not use any identification in our brochures. By registering for a program, participants and parents/guardians of participants consent to being photographed and videotaped. These photographs and videotapes will be used to promote the Park District through press releases, brochures, the web site and other promotional materials. Please tell the instructor and photographer if you do not want to be photographed.
INDOOR LOCATIONS

COMMUNITY CENTER RENTALS (YEAR ROUND)

Hickory/Oak Room
- Bookings for entire room (up to 200 people) or half the room (up to 100 people)
- All food must be catered through approved vendors ($50 food service fee may apply)
- Cake may be brought in for celebrations
- Room available Mon-Fri 9am-10pm, Sat-Sun 9am-11pm
- Rental fees may apply
- Security deposit required

Willow, Sycamore, Aspen and Birch Room
- Accommodate groups of 30–50 people for meetings only; occupancy varies for each room
- Rental fees may apply

Village Greens Golf Course Banquets
- Accommodates groups up to 75
- Contact Village Greens at 985-3610 for complete information on banquet service, menus, prices, and available dates

OUTDOOR LOCATIONS

PARK RENTALS (CASTALDO PARK AND ECHO POINT PARK)
(MAY-OCTOBER)
- Reservations begin Monday, January 4, 2010 at the Community Center
- Reservations can’t be taken over the phone and are on a first-come, first served basis
- Rental fees may apply
- Maximum of 2 park rentals per family each calendar year
- $50 security deposit required

Cypress Cove Family Aquatic Park
(JUNE-AUGUST)
- Private Rentals (minimum 100 people) Fri, Sat & Sun

MISCELLANEOUS

Picnic Kit/Horseshoe Rentals
(MAY-OCTOBER)
The picnic kit includes 2 bats, softball, 4 bases, soccer ball, playground ball, volleyball and volleyball net. $5.00(R)/$7.00(N).
No horseshoe stakes are available with horseshoes - Two horseshoe courts are available at Echo Point Park $3.00(R)/$6.00(N).

Jumpers, Inflatables, Tents, Etc.
These items are allowed in Woodridge Park District parks ONLY with the approval of the park district. A minimum of $1M in general liability coverage with a certificate of insurance naming Woodridge Park District as additional insured is required for such special requests.
Resident Registration Begins Wednesday, December 2

Select a way to register:

**Online**
www.woodridgeparks.org

On the web site, select the Programs & Registration button. On the Programs & Registration page, select Online Registration. Login your family data, select classes and pay via Visa or Mastercard.

**Fax**
(630) 353-3320

Complete the registration form, sign the waiver, fill out the Visa or Mastercard information, and fax to (630) 353-3320.

**Mail-In/Drop-Off**

2600 Center Drive
Woodridge, IL 60517

Complete the registration form, sign the waiver and enclose payment. DO NOT SEND CASH! Make checks payable to the Woodridge Park District. Fill out the Visa or Mastercard information for credit card payments. If you need additional space for programs, attach a sheet with all the necessary information. For your convenience, an overnight drop box is located outside the building next to the front door entrance.

**Wednesday, December 2 at 8:30AM**
Registrations are taken on a first-come, first-serve basis.

**Nonresident Registration begins Wednesday, December 9**

See Satisfaction Guaranteed and Refund Procedure on page 46.

**Program Enrollment**
We encourage you to sign up for progress at least one week before the start date of the program. Programs with low enrollment may be cancelled.

**Enrollment Status**
Please do not call the Park District office concerning your enrollment status in programs until after January 4, 2010. Participants should assume they are registered in a class unless contacted by the Park District.

**General Registration Information**

1. Telephone registration will NOT be accepted.
2. When completing your form, you MUST provide ALL the requested information. Forms that are not filled out completely or unreadable will be returned. The information on the form is imperative for processing.
3. **Participants should assume they are registered in a class unless contacted by the Park District.** If a registrant was not randomly selected into a class, the Park District staff will contact the registrant by telephone to discuss other program options. In many cases the staff will be opening new sessions of the more popular programs.
4. If the program of your choice is filled, we will automatically put your name on the waiting list.
5. Resident fees are for Woodridge Park District residents. Nonresident fees are 50% more than resident fees.
6. The Woodridge Park District cannot be responsible for late or misdirected mail.
7. There will be a $25 service charge for checks returned due to insufficient funds.
8. Participants must be of age by the first day of class.

**Registration Policies**

1. The Woodridge Park District reserves the right to alter the schedule, cancel, or add programs when enrollment warrants. Waiting lists will be taken when programs are filled, and every attempt will be made to accommodate people on these lists.
2. The Park District assumes no liability for personal injuries or loss of personal property while attending Woodridge Park District activities.
3. The Woodridge Park District strives to comply with the 1990 Americans With Disabilities Act (ADA). Please indicate on the registration form if you or your family needs special assistance or accommodations to participate in any Park District programs.

**Special Note —**
The waivers on the registration form must be signed or the form will be returned as incomplete.
Please check status:  ☐ Resident  ☐ Nonresident
Head of Household (Please print):  ☐ Please check if new address:

Make checks payable to:  Woodridge Park District

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This section must be filled out if you are using:

☐ VISA  ☐ MASTERCARD

ACCOUNT # ____________________________

Cardholder Name ____________________________

Exp. Date __________ Amount of Charge ______

“I authorize the Woodridge Park District to charge my VISA/MASTERCARD for program registration fees.”

AUTHORIZED SIGNATURE

X ____________________________

Permission To Photograph And Videotape Participants Is Authorized By Your Signature On This Waiver

By signing this waiver, I understand that my child/ward or I may be photographed or videotaped at any Woodridge Park District program, event or facility. I give permission for photographs and videotapes of my child/ward or me to be used to promote the Park District through press releases, brochures, the website, and other promotional materials. Such photographs and videotapes will remain the property of the Woodridge Park District. Please tell the instructor and photographer if you do not want to be photographed.

X (Signature of parent, guardian, or adult participant) Date

X (Signature of parent, guardian, or adult participant) Date

The Woodridge Park District strives to comply with the 1990 Americans With Disabilities Act (ADA). Please indicate if you or any member of your family needs special assistance or accommodations to participate in the programs listed on this form.

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<th>INF</th>
<th>H</th>
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<th>Woods</th>
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<tr>
<td>1. Boundary Hill Woods</td>
<td>Boundary Hill Rd. cul-de-sac</td>
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<td>2. Caddie Corner Park</td>
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<td>5. Crabtree Creek/Jonquil Lane Site</td>
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<td>7. Echo Point Park</td>
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<td>8. Edgewood School</td>
<td>7900 Woodridge Dr.</td>
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<td>Woodridge Dr. &amp; 71st St.</td>
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<td>41. Commonwealth Edison Bikeway</td>
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Revised 10/08

- **Parks**
- **Facilities**
- **Schools**
- **PR=Practice Fields**
- **INF=Denotes Baseball Practice Infields**
- **H=Half Court Basketball**